



VET★COM

TAKE A PEEK AT WHAT'S HAPPENING HERE AT THE
BLUE GOOSE

GEORGIA WAR VETERANS NURSING HOME

September 2025



FEATURING

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GEORGIA WAR
WOULD LIKE TO WISH
YOU A MONTH FILLED
WITH LOVE, PEACE, AND
JOY.

WELCOME

Roger Paradise
Arthur Banks
Joseph Duncan
Howard Trotter
Jimmie Collins Jr.

Birthstone: Sapphire

Birth Flowers: Asters and Morning Glory

Dates to Remember:

September 1: Labor Day

September 8: Grandparents Day

September 15 -19: National Healthcare Environmental Services Week

**September 15 - 19: National Security Officer Appreciation
Week**

September 17: Constitution Day

September 21: International Day of Peace



September's Moon Phases

Full Moon: September 8th

First Quarter: September 1st

New Moon: September 22nd

Last Quarter: September 15th

FALL VIRUS SEASON

Fall is almost here!!! Please be mindful that we are beginning to see an uptick in respiratory illnesses such as COVID-19 in our community. Our goal is to protect our residents, families, staff, and community. We are committed to following the guidance of the CDC to meet this goal. The guidelines describe implementation steps to help limit the spread of infection when a staff member or resident develops COVID-19 or any respiratory illness in our facility. Its guidance also offers the necessary steps to protect our families and other visitors from getting sick. Please note the following:

1. Practice social distancing when appropriate.
2. Please wash/sanitize hands frequently.
3. Wipe down surfaces frequently with disinfectants.
4. Masks are available for all staff and visitors. Please check when visiting to find out the current mask requirement.

Although we are already seeing quite a bit of COVID-19, the typical flu season usually starts in September or October with a peak between December and February and could extend through April or May. Once an individual has been infected with the virus, viral shedding begins within 24 to 48 hours, and it usually takes about 24 hours before symptoms begin. These can include fever or feeling feverish; a stuffy or runny nose; cough; muscle and body aches; headache; fatigue; and vomiting and diarrhea, which are more typical in children than in adults. We will be administering flu vaccines to our residents in late September for those residents that would like to receive it.

Respiratory virus symptoms can range from asymptomatic to severe illness. Symptoms of COVID-19 and RSV can be similar but take longer after exposure to manifest, usually between 2 and 14 days but typically by day 5. People infected with RSV are usually contagious for 3 to 8 days and may become contagious a day or two before they start showing signs of illness. We will notify you when we have a date that COVID vaccines will be administered to the residents.

Please help us keep your loved ones and staff safe. If you are sick, please do not visit the facility. If you are interested in a facetime call, please contact the social worker to schedule a time. Thank you!

DONATIONS AND CONTRIBUTIONS

The following individuals/organizations contributed their time and or services to GWVNH:

American Legion Department of Georgia	Body wash, snack cakes, razors, toiletries, and puzzle books
American Legion Post 192 Auxiliary	Ice Cream Social, Snack Cakes, Razors, Body Wash, additional toiletries and
American Legion Post 178 Auxiliary	BINGO & Lunch Outing
Chaplain Larry	Church Service
Combat Vets Motorcycle Club	BINGO Prizes, and Candy
Elks Lodge 205	Chicken Salad Sandwiches
Evans VFW	Birthday Gifts, Cupcakes
Mackey House Music	Live Music
Project Lifting Spirits	Late Night Movie, Wheelchair Bags, and Walker Bags
Faith Outreach Youth	Snack and Social
First Baptist Church	Sunday Church Service

The following individuals/organizations made contributions to our Resident Benefit Fund:

Donald Bloom

Susan Sasser

THANK YOU!

WARRIOR OF THE MONTH



Mr. Jeffery Burns

Selecting this month's Warrior of the Month proved to be more difficult than expected, not because of a lack of inspiration, but because there was simply too much to say. My mind raced with thoughts about Mr. Jeffery Burns: Dedication vs. Addiction, Hobby vs. Habit, Happiness vs. Acceptance, the constant dichotomies of life. These contrasts are lived out daily by Mr. Burns, who embodies both the complexity and resilience of the human experience.

As one of the eldest of thirteen children, Mr. Burns never knew a quiet or lonely childhood. Surrounded by siblings, he grew up immersed in adventures like hunting, fishing, and exploring the wild world around him. There was always a new path to follow, a new thrill to chase. That same sense of curiosity and energy led him to answer the call of the U.S. Air Force immediately after graduation. He embraced military life with enthusiasm, making the most of every opportunity it presented.

Mr. Burns is the first to admit that his gregarious and inquisitive spirit has taken him to both incredible highs and some of life's darker places. When he found something that added meaning to his life, whether it served him well or not, he pursued it with unwavering intensity. That all-or-nothing mindset is still part of who he is today.

Now, in quieter moments, one need only look to the dominoes table to witness that same fierce commitment. I have never met anyone more devoted to the game than Mr. Burns. His passion, his focus, and his competitive fire are unshakable.

Mr. Jeffery Burns is living in contrasts strength and vulnerability, wisdom and mischief, solitude and community. And through it all, he continues to show up with heart, humor, and an undeniable will to keep chasing life's next great adventure.

Heather Nichols,
Activities Director

SWEETS WITH DAV



PLINKO



FUN & GAMES



PET THERAPY



FLOWERS & ART



POPCORN AND A MOVIE



LET'S EAT



FUN AT THE BLUE GOOSE



FUN AT THE BLUE GOOSE



FUN AT THE BLUE GOOSE



RIDDLE ME THIS

SOLUTIONS ON PG. 28

1. I come in waves. I go with cheers in early September, almost every year. Celebrate me with a day off; what am I—full of joy and scoff?
2. I am three, but feel like more; I offer rest to the working core. At summer's end, I'm a brief delight; What am I—that's not too tight?
3. I crackle and pop, but I'm not a box. With me, you cook your Labor Day stocks. Burgers and dogs, I make them feast-ready. What am I—always hot and steady?

WORD SCRAMBLE

SOLUTIONS ON PG. 28

Labor Day Word Scramble

Word Bank

Conditions

Labor

Union

Factory

Monday

Wages

Holiday

September

Worker

1. wrreok

2. innou

3. tfryaco

4. myodna

5. lbrao

6. ioyhlda

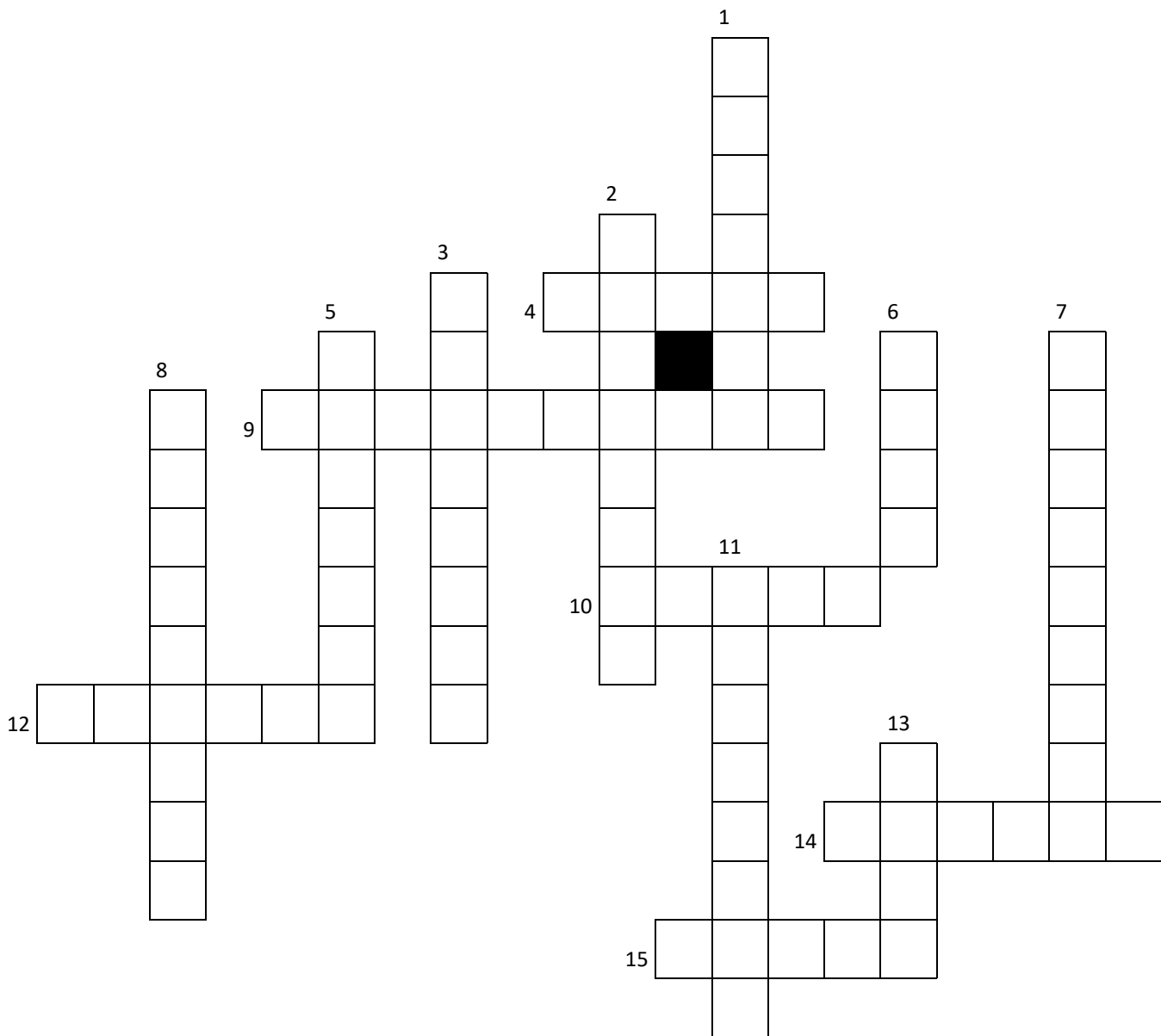
7. preeesmr

8. ocndtiisno

9. sgwae

CROSSWORD PUZZLE

SOLUTIONS ON PG. 29



Across

4. Another word for work.
9. To help.
10. An act of joining
12. People you are related to.
14. Someone that gets paid to work.
15. I miss summer _____.

Down

1. A get together where you cook.
2. Grilled food is called
3. The _____ Anthem.
5. Christmas, Easter, 4th of July, Halloween
6. To sit still or sleep.
7. To be excited.
8. The 9th month of the year.
11. My mom is in the hair _____.
13. Something you do for money.

Word Bank

- | | |
|----------|------------|
| Work | Celebrate |
| National | Holiday |
| Industry | Family |
| Break | Union |
| Barbeque | Worker |
| Rest | Contribute |
| Cookout | September |
| Labor | |

Benny Polina

Wordsearch

SOLUTIONS ON PG. 30

Labor Day

I	F	H	Z	I	C	E	L	E	B	R	A	T	E	A	F	L
H	V	I	F	A	T	E	W	A	F	P	S	N	Y	V	I	N
M	H	U	R	B	S	T	A	E	T	E	E	A	J	V	N	Q
A	O	A	D	S	Y	J	X	C	C	O	P	N	C	D	G	X
O	N	I	C	C	T	E	K	W	V	H	T	R	L	F	W	I
E	O	M	Y	H	M	M	O	Q	D	X	E	P	O	A	X	X
P	R	W	F	U	I	R	O	S	J	J	M	A	J	D	H	N
R	J	I	N	W	K	E	S	N	F	S	B	S	H	J	O	R
S	E	T	U	E	B	E	V	F	D	Z	E	W	X	I	D	G
N	V	Z	R	G	R	O	U	E	Y	A	R	D	N	G	P	U
A	I	S	H	G	A	C	D	A	M	C	Y	U	A	N	W	Y
C	Z	Z	N	A	V	M	D	V	T	E	R	G	R	R	A	I
I	L	O	T	Q	W	R	R	P	B	O	N	L	Q	I	A	U
R	C	W	F	G	O	N	Z	E	B	X	X	T	K	S	Y	P
E	S	I	M	B	F	G	B	A	T	U	H	B	S	T	O	S
M	M	F	A	S	E	S	L	U	L	E	M	L	G	K	T	S
A	R	L	T	R	Z	O	K	K	F	K	P	R	F	Y	Z	E

Peter Maguire
Labor Union
September
Parades

Achievements
Celebrate
Labor Day
Workers

First Monday
Americans
Congress
Honor

SCAVENGER HUNT

SOLUTIONS ON PG. 31



These (5) items below are hidden throughout the September's issue of the VetCom



PG. _____



PG. _____



PG. _____



PG. _____



PG. _____

SUDOKU PUZZLE

SOLUTIONS ON PG. 31

3	8		9			2		5
					8	7	3	
	6		3			9	8	
					3	5		1
9	1		5		7		2	3
7		3	1					
	3	5			1		9	
	7	4	6					
8		1			2		6	7

PUZZLE 1

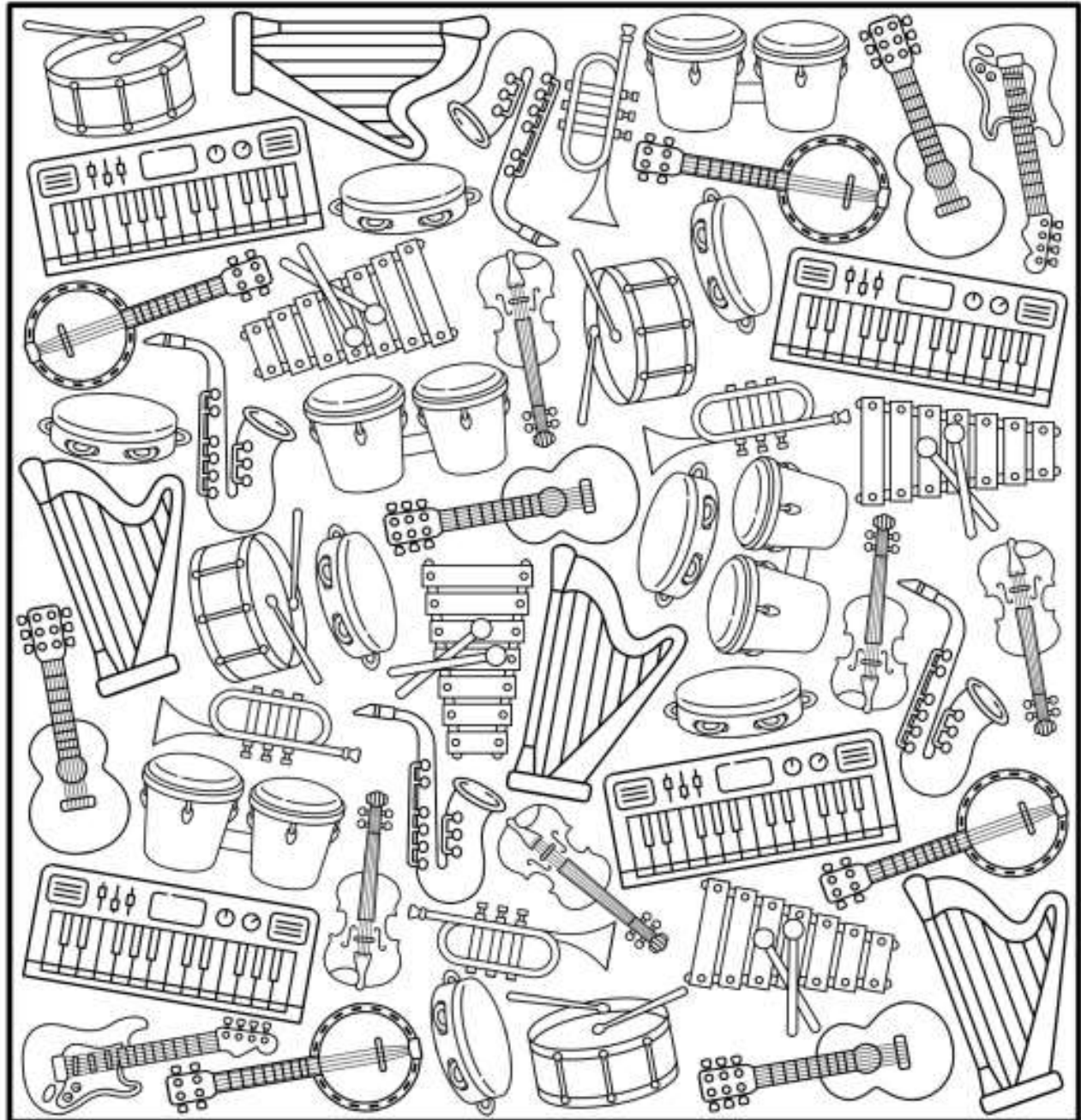
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	8	9	5				1	6
5				6		3		9
8	3	1				7		5
	2						6	
9		7				8	4	2
2		6		1				8
3	7				6	9	2	
1			3					7

PUZZLE 2

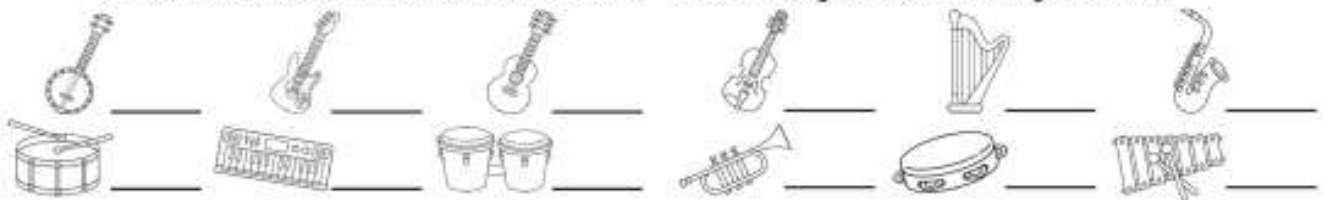
HIDDEN FIGURES PUZZLE

SOLUTIONS ON PG. 32

I Spy Musical Instruments





Search and color these 12 items - How many of each can you find?



Follow the Numbers

SOLUTIONS ON PG. 33

Follow Numbers 1 through 55

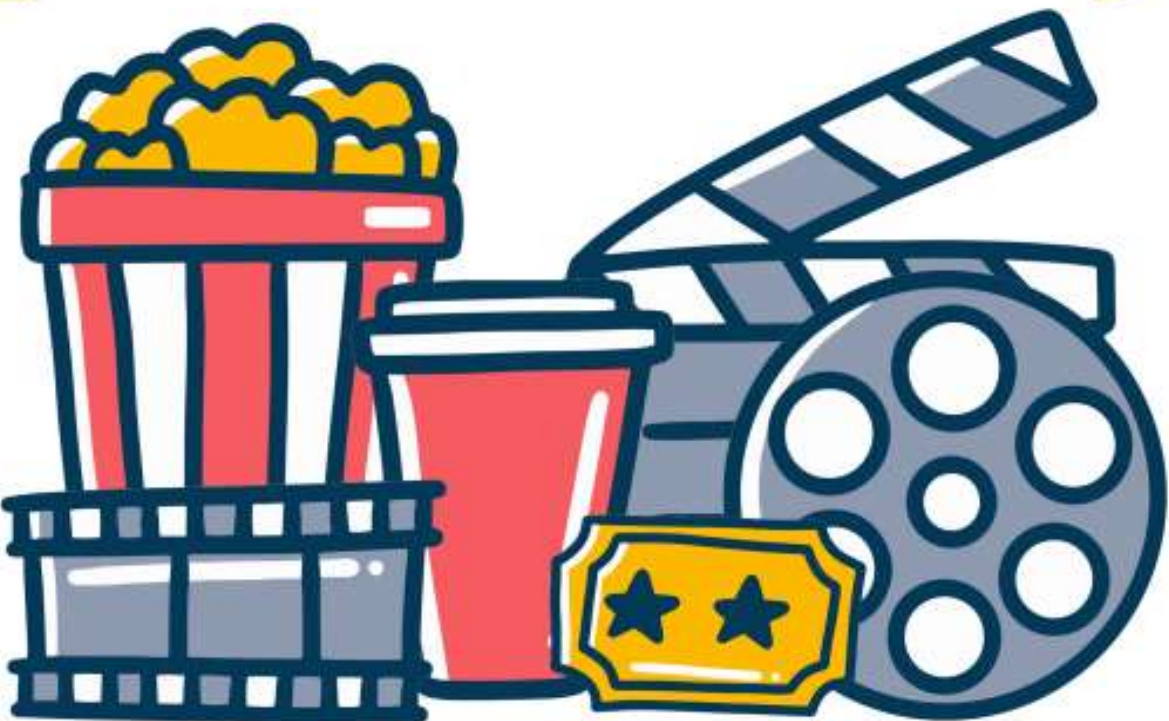
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		3	8	5	20	40	15	21	23	45
1	1	2	3	4	21	23	18	20	30	46
3	2	9	8	13	12	31	30	19	48	47
9	3	6	7	8	20	12	17	18	19	31
8	4	5	22	9	10	11	16	40	20	32
10	5	26	23	10	42	41	15	39	21	33
14	6	25	24	11	12	13	14	39	22	47
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21	34	33	32	31	40	27	26	25	24	55
23	35	18	19	30	29	28	27	28	29	54
24	36	30	32	31	5	2	50	51	52	53
38	37	38	39	46	47	48	49	44	55	54
39	20	33	44	45	29	52	53	45		
40	41	42	43	46	47	53	54	55		

SPOT THE DIFFERENCE PUZZLE

SOLUTIONS ON PG. 34



FIND EIGHT (8) DIFFERENCES

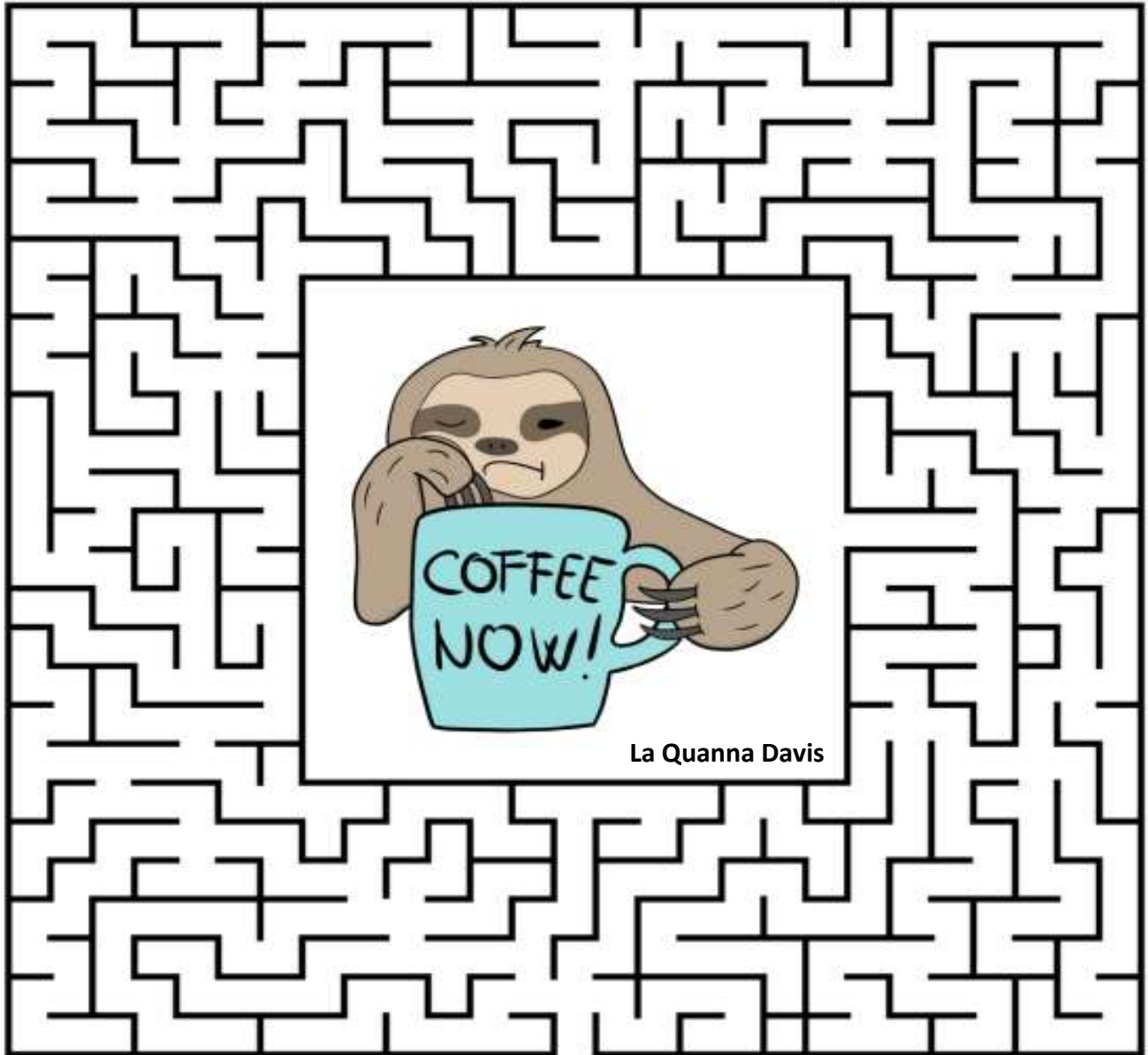


MAZE PUZZLE

SOLUTION ON PG. 35

COFFEE LOVERS MAZE

A refill is needed. Can you help?

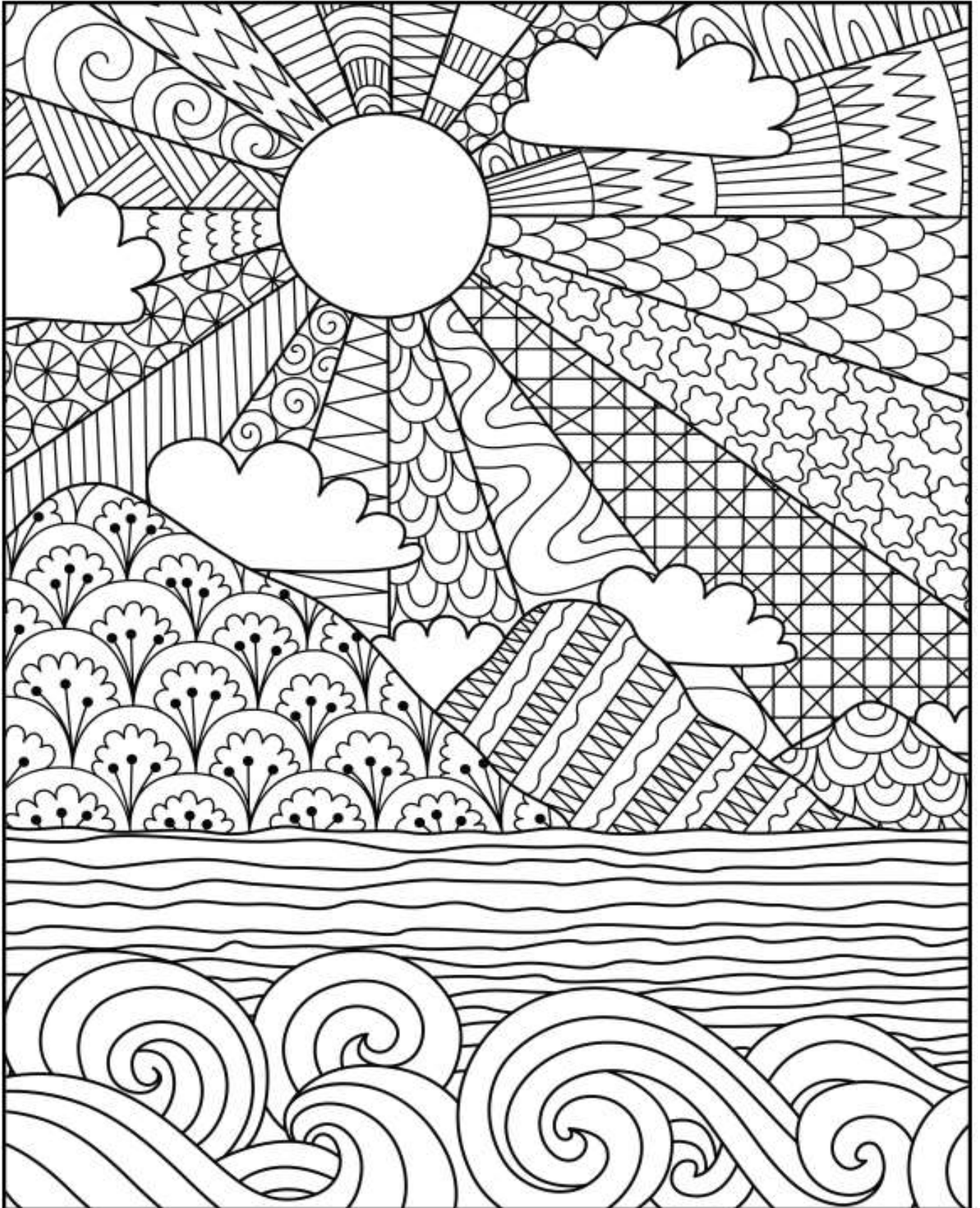


La Quanna Davis

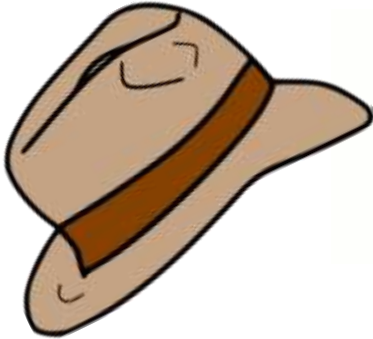


SEASONEDTIMES.COM

COLORING PAGE



Hidden Name Contest

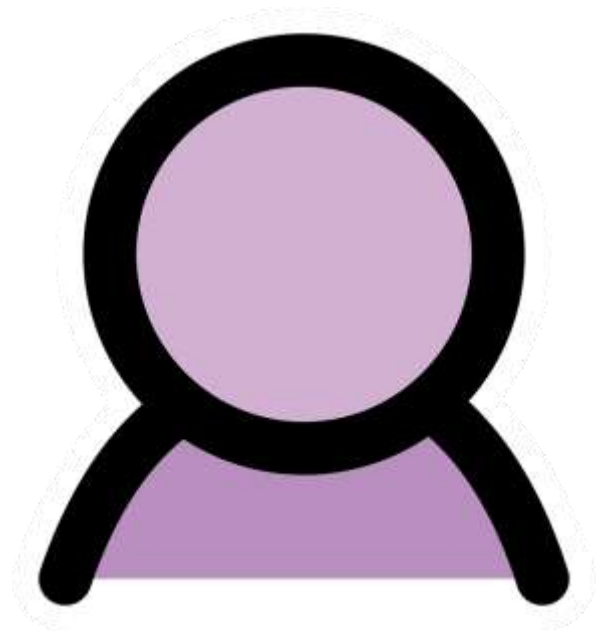


Congratulations!

August 2025 Hidden Name
Contest Winners



Roland Harris



**Oops! Our staff winner
did not find their name!**

Somewhere in this issue, we have hidden the names of one Georgia War Resident and one Staff Member.

If you find your name, please call the Activities Office to claim your prize.

Each month, we will randomly pick the name of one resident and one staff member. Be sure to carefully review each issue to see if your name is hidden somewhere within.

Good Luck!



THE CHAPLAIN'S CORNER

WITH CHAPLAIN TIMOTHY LARK

Growing Older

Greetings and salutations,

Now that September has arrived, my birth month, I am thrilled, energized, and excited for everything that this month has in store.

As we continue to advance in our age, you may have observed that everything is changing. We have changed from the person that we once were! You don't believe me? Look at a picture of you from 25 years ago. That person no longer exists. Prepare yourself for the various physical, cognitive, and social challenges and changes that come with aging.

The Bible gives us various perspectives on aging, emphasizing both its challenges and blessings. Some scriptures highlight the wisdom and understanding that come with age (Job 12:12), while others remind us that the Lord will be with us to the end of time (Matthew 28:20). I'm so grateful that I realized how God has been with me throughout my life! God has been and continues to be faithful despite the good, bad, and ugliness of this life. "Can I get a witness out there?"

As a young boy, I recall making fun of the elder generation when they were unable to complete tasks that appeared simple to me. My dad would often say, "Just keep on living, you'll find out!" Life is no joke, so I'm not laughing anymore because it is coming to pass. I'm now seeing in various areas of my life how I can no longer accomplish some of the things I used to.

We don't all have to deal with the problems of aging to the same extent which is something I think is crucial for us to remember. As I observe many of our veterans here at Georgia War, I see it is very possible to maintain good health and quality of life well into your later years.

To promote healthy aging, we must be willing to exercise, eat well-balanced meals, stay socially engaged, and continue to see our doctor regularly. While doing these things won't eliminate all of our health issues, they may alleviate the majority of them.

To a better life,

Timothy E. Lark
Chaplain

THE CHAPLAIN'S CORNER

WITH CHAPLAIN TIMOTHY LARK

We'll See This Through

They say this, too, shall pass,
They say grief eventually fades.
But those sayings are of little comfort
When you're living through such sad days.

They say that time heals all,
And this much I know is true.
So hang in there, my dearest friend,
And together we'll see this through.

LOVE  KNOW

In Loving Memory of

Jackie Spivey, Thomas Hubbard,

Charles Whisnant, Gerald Rudd,

William Brooks, Dr. Lanier Adams, LeRoy Jenkins

RIDDLE ME THIS

SOLUTIONS

1. I come in waves. I go with cheers in early September, almost every year. Celebrate me with a day off; what am I—full of joy and scoff? **Labor Day**
2. I am three, but feel like more. I offer rest to the working core. At summer's end, I'm a brief delight. What am I—that's not too tight? **Labor Day Weekend**
3. I crackle and pop, but I'm not a box. With me, you cook your Labor Day stocks. Burgers and dogs, I make them feast-ready. What am I—always hot and steady? **Grill**

WORD SCRAMBLE

SOLUTIONS

Labor Day Word Scramble

Word Bank

Conditions

Labor

Union

Factory

Monday

Wages

Holiday

September

Worker

1. wrreok

WORKER

2. innou

UNION

3. tfryaco

FACTORY

4. myodna

MONDAY

5. lbrao

LABOR

6. ioyhlda

HOLIDAY

7. preeesmr

SEPTEMBER

8. ocndtiisno

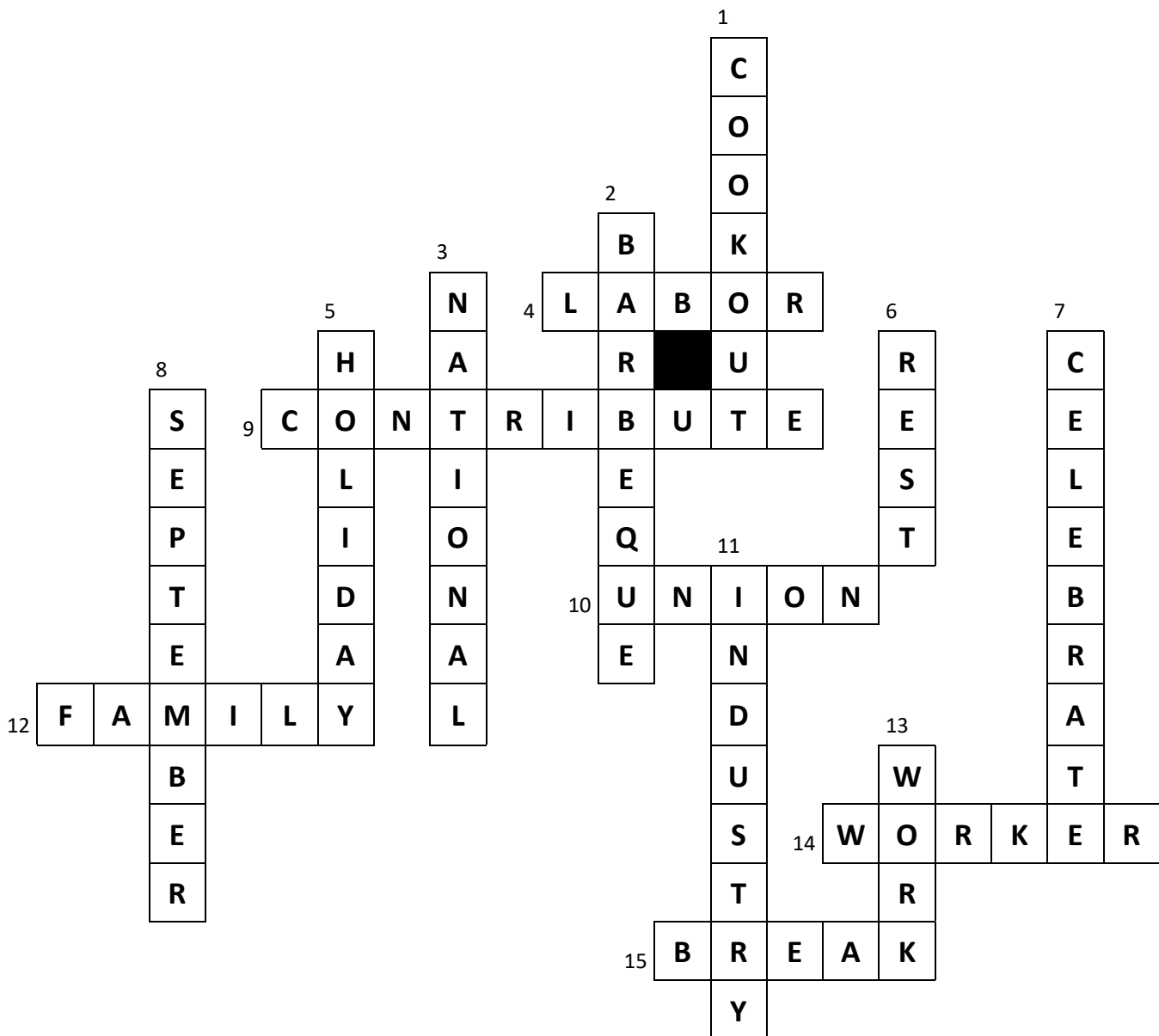
CONDITIONS

9. sgwae

WAGES

CROSSWORD PUZZLE

SOLUTIONS



Across

4. Another word for work.
 9. To help.
 10. An act of joining
 12. People you are related to.
 14. Someone that gets paid to work.
 15. I miss summer _ _ _ _ _.

Down

1. A get together where you cook.
 2. Grilled food is called
 3. The _____ Anthem.
 5. Christmas, Easter, 4th of July, Halloween
 6. To sit still or sleep.
 7. To be excited.
 8. The 9th month of the year.
 11. My mom is in the hair _____.
 13. Something you do for money.

Word Bank

- | | |
|----------|------------|
| Work | Celebrate |
| National | Holiday |
| Industry | Family |
| Break | Union |
| Barbeque | Worker |
| Rest | Contribute |
| Cookout | September |
| Labor | |

Wordsearch

SOLUTIONS

Labor Day



Peter Maguire	Achievements	First Monday
Labor Union	Celebrate	Americans
September	Labor Day	Congress
Parades	Workers	Honor

SCAVENGER HUNT

SOLUTIONS



These (5) items below are hidden throughout the September's issue of the VetCom



PG. 2



PG. 12



PG. 21



PG. 23



PG. 34

SUDOKU

SOLUTIONS

3	8	7	9	6	4	2	1	5
5	4	9	2	1	8	7	3	6
1	6	2	3	7	5	9	8	4
4	2	6	8	9	3	5	7	1
9	1	8	5	4	7	6	2	3
7	5	3	1	2	6	8	4	9
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8	9	1	4	5	2	3	6	7

PUZZLE 1

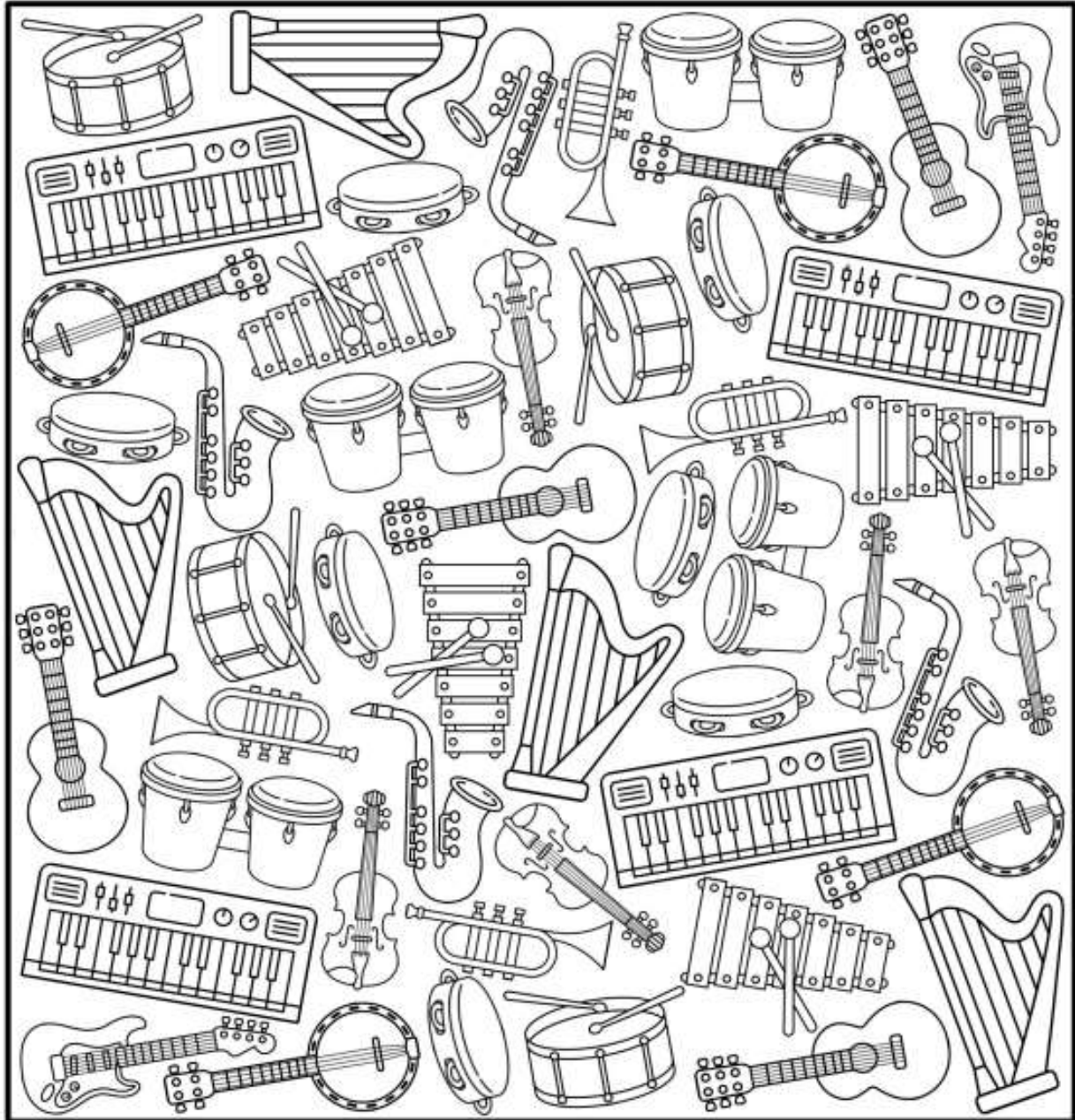
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4	2	5	7	9	8	1	6	3
9	6	7	1	3	5	8	4	2
2	5	6	9	1	7	4	3	8
3	7	8	4	5	6	9	2	1
1	9	4	3	8	2	6	5	7

PUZZLE 2

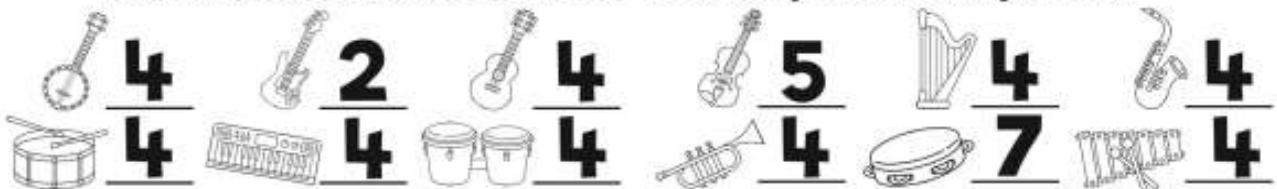
HIDDEN FIGURES PUZZLE

SOLUTIONS

I Spy Musical Instruments



Search and color these 12 items - How many of each can you find?



Follow the Numbers

SOLUTIONS

		4	9	6	18	17	16	35	34	32
		3	8	5	20	40	15	21	23	45
1	1	2	3	4	21	23	18	20	30	46
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21	34	33	32	31	40	27	26	25	24	55
23	35	18	19	30	29	28	27	28	29	54
24	36	30	32	31	5	2	50	51	52	53
38	37	38	39	46	47	48	49	44	55	54
39	20	33	44	45	29	52	53	45		
40	41	42	43	46	47	53	54	55		

SPOT THE DIFFERENCE PUZZLE

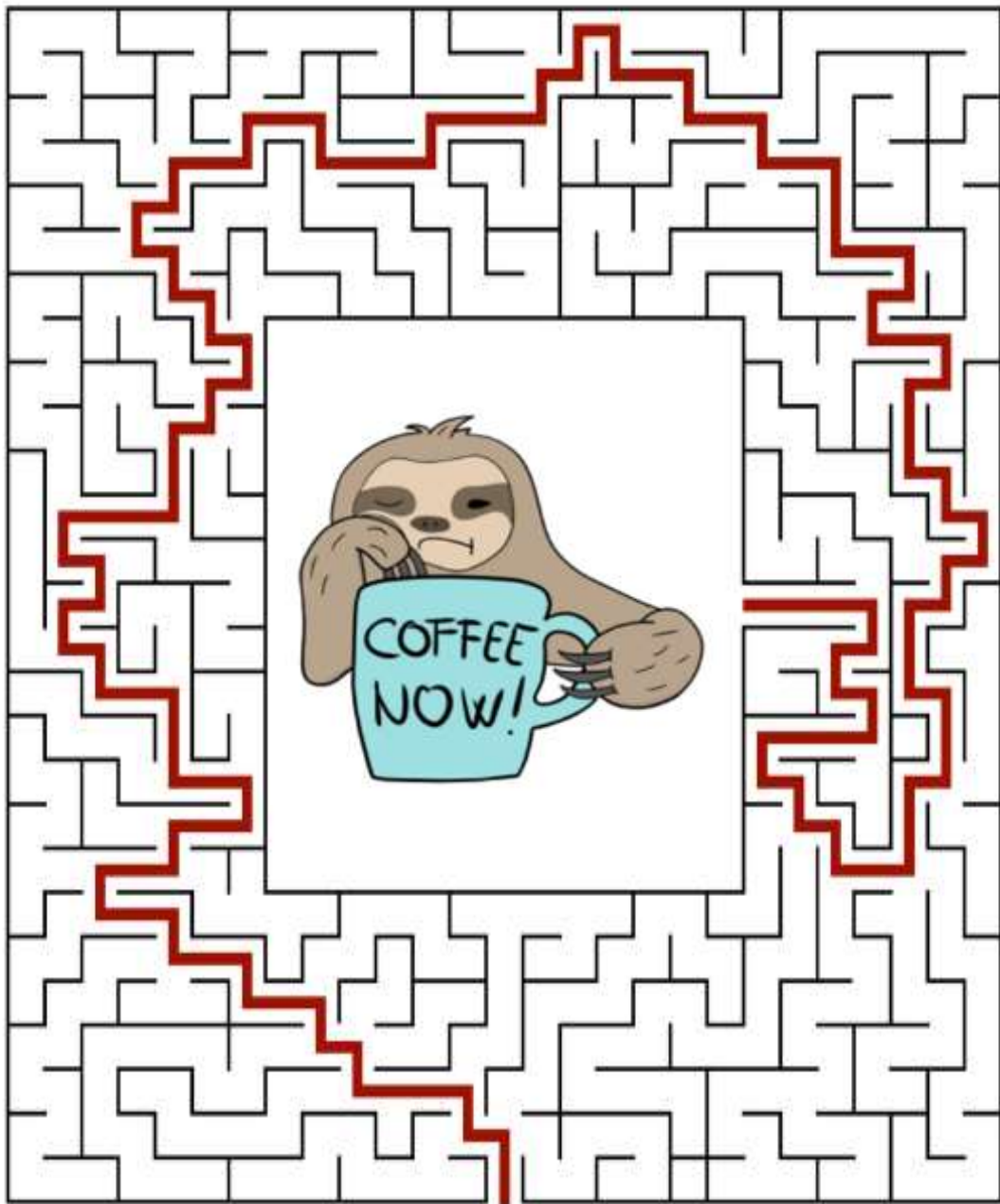
SOLUTIONS



MAZE PUZZLE

SOLUTION

Coffee Lovers Solution



Happy Birthday



**WISHING THESE WONDERFUL RESIDENTS AND STAFF
A HAPPY BIRTHDAY THIS MONTH!**

Residents


Ivan Anzur	Sept 01
Jeffrey Burns	Sept 03
Claude Coleman Jr.	Sept 03
Thomas Johnson	Sept 05
Ignatius Sanders Sr.	Sept 07
Howard Garnell	Sept 14
Arlie Underwood	Sept 21
Morris Crew	Sept 22
Dennis Venson	Sept 23
Robert Burnam Jr.	Sept 25
Clarence Muns Jr.	Sept 29

Staff

Lisa Hadden	Sept 02
Larry Noble	Sept 10
Janice Taylor	Sept 11
Katherine Washington	Sept 15
Dejone Smith	Sept 20
Latasha Elam	Sept 22
John McKenzie	Sept 22
Timothy Lark	Sept 26
Tamika Williams	Sept 29
Stephanie Nichols	Sept 30



Resident Menu – September 2025

Sunday 8/31	Monday 9/01	Tuesday 9/02	Wednesday 9/03	Thursday 9/04	Friday 9/05	Saturday 9/06
BREAKFAST						
Fresh Blueberries Scrambled Eggs Pork Bacon Pancakes	Pineapple Scrambled Eggs Corned Beef Hash Grits	Strawberries Scrambled Eggs Sliced Ham Breakfast Potatoes	Tropical Fruit Scrambled Eggs Pork Sausage Patty French Toast	Cantaloupe Scrambled Eggs Turkey Bacon Hash Browns	Pears Scrambled Eggs Biscuit with Sausage Gravy	Grapes Scrambled Eggs Turkey Sausage Patty Pancakes
LUNCH						
Country Fried Steak Steamed Potatoes Green Beans Key Lime Pie Dinner Roll	BBQ Ribs Steamed Cabbage Macaroni & Cheese Watermelon 	Chicken Pot Pie Brussels Sprouts Cobbler Dinner Roll	Lasagna Cooked Spinach Peaches Garlic Bread	Chili Lime Chicken Lemon Rice Pilaf Zucchini & Yellow Squash Carrot Cake Dinner Roll	Crispy Baked Tilapia Hushpuppies Collard Greens Banana Pudding Cornbread	Chicken & Dumplings Steamed Broccoli Apple Pie
DINNER						
Fried Chicken Sweet Potato Squash Ice Cream Cornbread	Hot Dog on a Bun Baked Beans Asian Slaw Chocolate Pudding	Tuna Salad Potato Soup Crackers/Bread Chocolate Chip Cookie	Chili Steamed Rice Carrots Lemon Pudding	Brunswick Stew Rice Spinach Ice Cream Dinner Roll	Chicken Tenders French Fries Mixed Vegetables Peanut Butter Cookie	Cheeseburger Potato Salad Green Beans Watermelon
BREAKFAST						
Tropical Fruit Oatmeal Scrambled Eggs Turkey Sausage Patty	Pineapple Grits Sausage & Cheese Breakfast Casserole	Tropical Fruit Cream of Wheat Scrambled Eggs Grilled Ham Toast	Peaches Grits Scrambled Eggs Turkey Bacon	Fresh Blueberries French Toast Scrambled Eggs Grilled Ham	Pears Scrambled Eggs Biscuit with Sausage Gravy	Grapes Oatmeal Scrambled Eggs Bacon Toast
LUNCH						
Roasted Pork Loin Dijon Roasted Potatoes Mixed Vegetables Ice Cream Cornbread	Salisbury Steak Mashed Potatoes Broccoli Cookie Dinner Roll	Fried Fish Baked Yams Green Beans Pie Dinner Roll	Meat Loaf Mashed Potatoes Roasted Vegetables Angel Food Cake with Strawberries Dinner Roll	Teniyaki Chicken Fried Rice Oriental Vegetables Peaches Dinner Roll	BBQ Pork Rib Macaroni & Cheese Collard Greens Watermelon Dinner Roll	Balsamic Glazed Chicken White Rice Squash Medley Jell-O Dinner Roll
DINNER						
Baked Ham Turnip Greens Macaroni & Cheese Peach Cobbler Cornbread	BBQ Pork Sandwich Coleslaw Baked Beans Tropical Fruit	Tuna Salad Sandwich Southwest Tortilla Soup Pasta Salad Chocolate Pudding	Greek Chicken Zucchini Rice Pilaf Chocolate Chip Cookie	Philly Cheesesteak Steamed Carrots Baked Fries Vanilla Pudding	Lasagna Green Beans Garlic Bread Cobbler	Sloppy Joe Sandwich Roasted Zucchini Baked Chips Cookie



Menu items are subject to change based on supply and availability.

Resident Menu – September 2025

Sunday 9/14	Monday 9/15	Tuesday 9/16	Wednesday 9/17	Thursday 9/18	Friday 9/19	Saturday 9/20
BREAKFAST						
Tropical Fruit Scrambled Eggs Corned Beef Hash Grits	Pears Scrambled Eggs Sausage Crispy Hash Browns	Tropical Fruit Scrambled Eggs Sliced Ham Pancakes	Pineapple Scrambled Eggs Biscuit with Sausage Gravy	Peaches Scrambled Eggs Pork Bacon French Toast	Strawberries Sausage & Cheese Breakfast Casserole Toast	Tropical Fruit Scrambled Eggs Turkey Sausage Patty Banana Muffin
LUNCH						
Baked Ham Cornbread Stuffing Green Beans Chocolate Cake Dinner Roll	Fried Pork Chop Roasted Yams Green Peas Fruit Cobbler Dinner Roll	Baked Ziti Garlic Bread Spinach Jell-O	Fried Shrimp Hushpuppies Coleslaw Cookie	Country Fried Steak Baked Sweet Potato Steamed Cabbage Snickerdoodle Cookie Dinner Roll	Fried Chicken Roasted Potatoes Collard Greens Pudding Cornbread	Sausage, Peppers & Onions Vegetable Medley Jell-O Dinner Roll
DINNER						
Grilled Chicken Lima Beans Glazed Carrots Vanilla Pudding	Beef Bean Chili White Rice Broccoli & Cauliflower Peaches Cornbread	Italian Pork Loin Pinto Beans Squash & Red Peppers Pudding	Lemon Pepper Chicken Roasted Potatoes Spinach Tropical Fruit	Meatloaf with Gravy Mashed Potatoes Brussels Sprouts Peaches	Spaghetti with Meat Sauce Mixed Vegetables Grapes Garlic Bread	Chicken Tenders Potato Wedges Steamed Carrots Ice Cream
Sunday 9/21	Monday 9/22	Tuesday 9/23	Wednesday 9/24	Thursday 9/25	Friday 9/26	Saturday 9/27
BREAKFAST						
Fresh Blueberries Oatmeal Scrambled Eggs Turkey Bacon Toast	Peaches Pancakes Scrambled Eggs Pork Sausage Patty	Biscuit Grits Scrambled Eggs Grilled Ham	Pineapple French Toast Scrambled Eggs Turkey Sausage Patty	Tropical Fruit Grits Scrambled Eggs Bacon Toast	Strawberries Sausage & Cheese Breakfast Casserole Toast	Pears Oatmeal Scrambled Eggs Turkey Bacon Toast
LUNCH						
Baked Swiss Steak Garlic Mashed Potatoes Green Beans Berry Cobbler Dinner Roll	Baked Chicken Baked Potatoes Turnip Greens Pound Cake Dinner Roll	Roasted Ginger Pork Rice Pilaf Asian Vegetables Banana Pudding Dinner Roll	Spaghetti with Meatballs Green Beans Yellow Cake Garlic Bread	Roasted Turkey with Gravy Steamed Rice Mixed Vegetables Brownie Dinner Roll	Fried Fish Rice Pilaf Collard Greens Apple Pie Dinner Roll	BBQ Chicken Roasted Sweet Potatoes Zucchini Angel Food Cake Dinner Roll
DINNER						
Smothered Pork Chop Mexican Rice Mixed Vegetables Jell-O Dinner Roll	Philly Cheesesteak Sweet Potato Fries Coleslaw Chocolate Cake	Grilled Chicken Sandwich Vegetable Soup Fruit Salad Crackers	Tuna Salad Crackers Chicken Noodle Soup Chocolate Pudding	Beef Pot Roast Mashed Potatoes Green Beans Sugar Cookie	Cheeseburger Sweet Potato Fries Mixed Vegetables Jell-O	Baked Ham Macaroni & Cheese Green Beans Pineapple Dinner Roll

Menu items are subject to change based on supply and availability.

September 25

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
1	 LABOR DAY 9:30 Coffee & News 10:00 Music in Motion 2:30 BINGO	2 9:30 Coffee & News 10:00 Puzzle Packs 2:30 Octaband Stretch	3 9:30 Coffee & News 10:00 UNO Challenge 2:30 BINGO	4 9:00 Movie & Popcorn on each unit 2:30 Sunshine Therapy	5 9:30 Coffee & News 10:00 The Word with Chaplain Lark 2:30 Frozen Friday	6 Family Visits
7	Family Visits Faith Baptist Church @ 2:30	9 9:30 Coffee & News 10:00 Game Shows with Friends 2:30 Painting	10 9:30 Coffee & News 10:00 Chaplain Larry 10:00 Garden Club 2:30 Elks Lodge 205	11 9:00 Movie & Popcorn on each unit 2:30 Ice Cream Social with DAV	12 9:30 Coffee & News 10:00 The Word with Chaplain Lark 2:30 Frozen Fruit Smoothies	13 Faith Out Reach (2nd Floor) @ 10:00
14	Family Visits House Music @ 2:30	16 9:30 Coffee & News 10:00 Game Shows with Friends 2:30 Octaband Stretch	17 9:30 Coffee & News 10:00 Resident Fall Gardening 2:30 Balloon Volleyball	18 9:30 Doughnuts & Coffee 2:30 Social with AL Post 192 7:00 Evening Movie	19 9:30 Coffee & News 10:00 Takin' Shots 2:30 Nerf Targets 2:30 Frozen Friday	20 Family Visits
21	Mackey House Music @ 2:30	23 9:30 Coffee & News 10:00 Puzzle Packs 2:30 PLINKO!	24 9:30 Coffee & News 10:00 Chaplain Larry 2:30 Birthday Party with VFW	25 9:00 Movie & Popcorn on each unit 10:00 Name That Tune 2:30 Board Games	26 9:30 Coffee & News 10:00 The Word with Chaplain Lark 2:30 Frozen Friday	27 Family Visits
28	Family Visits Church of Christ @ 2:30	30 9:30 Coffee & News 10:00 Game Shows with Friends 2:30 Pizza Social with AL Post 205				
Activities are subject to change based on Resident interest and safety. One-on-one activities occur on each floor						

Thank You



TO ALL OF OUR VETERANS, FAMILIES,
FRIENDS, STAFF, FACULTY, AND
CONTRIBUTORS.



GEORGIA WAR VETERANS NURSING HOME