



VET★COM

**TAKE A PEEK AT WHAT'S HAPPENING
HERE AT THE BLUE GOOSE!**

GEORGIA WAR VETERANS NURSING HOME

February 2026

*Hello
February*

Featuring

Donations & Contributions.....Pg.4-5
 Warrior of the Month.....Pg.6
 Puzzles.....Pg.16-19
 Coloring Pages.....Pg.20-23
 Hidden Name Winners.....Pg.24
 Chaplain's Corner.....Pg.25-26
 Puzzle Solutions.....Pg.27-30
 Monthly Menu.....Pg.32-34
 Activities Calendar.....Pg.35

**GEORGIA WAR
 WOULD LIKE TO
 WISH YOU A
 MONTH FILLED
 WITH LOVE, PEACE,
 AND JOY.**

WELCOME

Terry Seaman

James Tanner

Vivian McKnight

Lester Hall

Activated Insights Honorable Mentions

Amy Green

Shirley Hill

Melissa Hall Tolbert

Antoinette Walker

Jennifer Howard

2nd Floor Nursing Staff

3rd Floor Nursing Staff



INFECTION PREVENTION UPDATE

ATTENTION ALL VISITORS

In an effort to keep our veteran residents healthy as possible, we have implemented interim visitation requirements for all visitors to Georgia War. Respiratory illnesses are widespread in Georgia at this time and we are in peak Flu season. The single best way to protect against all respiratory illnesses is to utilize preventative measures such as handwashing, wiping surfaces, and covering your cough. The Georgia War staff are implementing many of the recommendations from the Department of Human Health (DPH) to maintain and ensure your loved one remains as healthy as possible. We recognize our geriatric residents at Georgia War are at high risk for all respiratory illnesses even with vaccination.

Effective immediately and until further notice, additional precautionary measures are as follows:

All visitors for residents at Georgia War Veterans Nursing Home:

- 1) No visits by anyone under the age of 18
- 2) To protect everyone's health, anyone with symptoms of **fever, cough, sore throat, runny nose, stuffy nose, fatigue, drowsiness, headaches, body aches, nausea or vomiting**, please avoid visiting the facility until these have resolved (**at least 72 hours**).

Please communicate this information to your family and friends who may be affected by these additional interim precautions. Once we are notified that the respiratory rates in the community have decreased we will cancel the restrictions.

Thank you for your understanding and cooperation.

Thank you!

DONATIONS AND CONTRIBUTIONS

The following individuals/organizations contributed their time and or services to GWVNH:

American Legion Department of Georgia

Body wash, snack cakes, razors, toiletries, and puzzle books

American Legion Post 192 Auxiliary

Ice cream social, snack cakes, razors, body wash, additional toiletries

American Legion Post 205 Auxiliary

Pizza Social

American Legion Post 235

Christmas gifts, toiletries, reading glasses, caroling

Chaplain Larry Jesion

Church Service

Combact Vets Motorcycle Club

BINGO prizes & candy

DAV Department of Georgia

BINGO

DAV Auxiliary

Ice Cream Social

Elks Lodge 205

BINGO

Evans VFW 12190

Birthday Gifts

Mackey House Music

Live Music

Pine Needle Garden Club

Flowers

Project Lifting Spirits

Evening movie, hats, fidget blankets

First Baptist Church

Sunday Church Service

VFW Auxiliary Dept. of Georgia

Birthday cake & ice cream

American Legion Post 192

Ice cream sundaes & desserts

Alliance of Therapy Dogs

Pet Therapy

DONATIONS AND CONTRIBUTIONS

The following individuals/organizations contributed their time and or services to GWVNH:

Department of Georgia Ladies Auxiliary of the Military Order of the Purple Heart

Susan Sasser

Donald Bloom

Webb Lodge No. 166

Birthstone: The Amethyst

Birth Flowers: Violet and the Primrose

Dates to Remember:

- Month Long: American Heart, Cancer Prevention, & Black History Month
- Feb 2 - Groundhog Day
- Feb 4 - World Cancer Day
- Feb 8 - Super Bowl 2026
- Feb 14 - Valentine's Day
- Feb 16 - Presidents' Day
- Feb 17 - Mardi Gras (Fat Tuesday)
- Feb 18 - Ash Wednesday (Lent begins)



Warrior of the Month



Mr. Arthur Banks is a man defined by his many loves. It feels only fitting that during the month of February, a season so often associated with hearts and sentiment, we honor a soldier whose life reflects love in its truest form. Not the fleeting, candy-coated kind tied up in cupids and cards, but an agape love. A deep, enduring love for knowledge, for life, and for the stories that shape us.

Mr. Banks' heart is full in many directions. He cherishes his supportive children, whose presence is a steady source of pride and comfort. He carries a lifelong enthusiasm for sports, following games with the same attentiveness and spark that have accompanied him through the years. However, perhaps his most enduring love affair has been with history itself.

This passion for knowledge makes Mr. Banks the ideal Jeopardy contestant and, without question, a top five draft pick should a game of Trivial Pursuit ever break out. He has a remarkable ability to resurrect facts long buried beneath forgotten schoolbooks and breathe new life into them. What once felt distant or dull, becomes vivid and exciting when filtered through his perspective. History, in his hands, is not static. It is alive, relevant, and deeply human.

Mr. Banks truly lights up when given the opportunity to share what he knows. His eyes brighten as he recounts events, timelines, and turning points, and he takes special delight in offering a viewpoint others may not have considered. There is joy in his teaching, and generosity in the way he invites others into the conversation. Knowledge, to him, is not something to be hoarded but something meant to be shared.

While more recent memories may occasionally slip away, with the exception of a few especially "wild" times in Athens, Mr. Banks never lingers on what has been lost. Instead, he keeps the past alive with enthusiasm and confidence, proving that memory is not solely about recall but about connection. The excitement that radiates from him when discussing history speaks volumes. It is passion. It is pride, and above all, it is love.

For these reasons and so many more, Mr. Arthur Banks embodies what it means to be February's Warrior of the Month. His devotion to learning, storytelling, and life itself is a powerful reminder that love comes in many forms, and that some of the strongest are carried quietly, through wisdom, curiosity, and the joy of sharing what we know.

Heather D. Nichols, Director of Activities

Puzzles With Pop



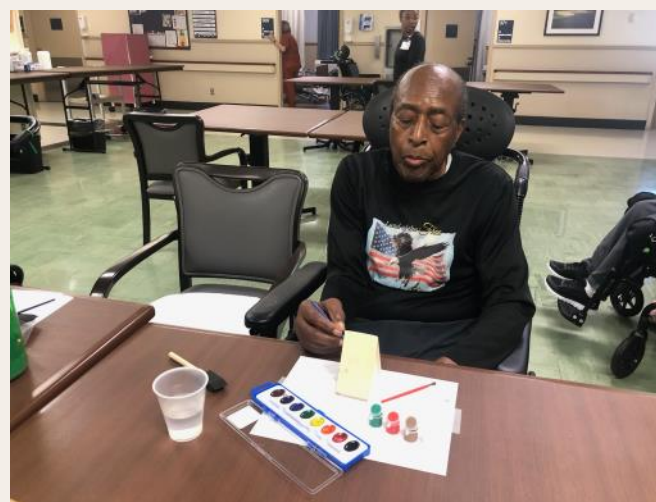
Pine Needle Garden Club



Pet Therapy



Games & Activities



Games & Activities



Barber Day



Eating Good at Georgia War



Celebrating January Birthdays



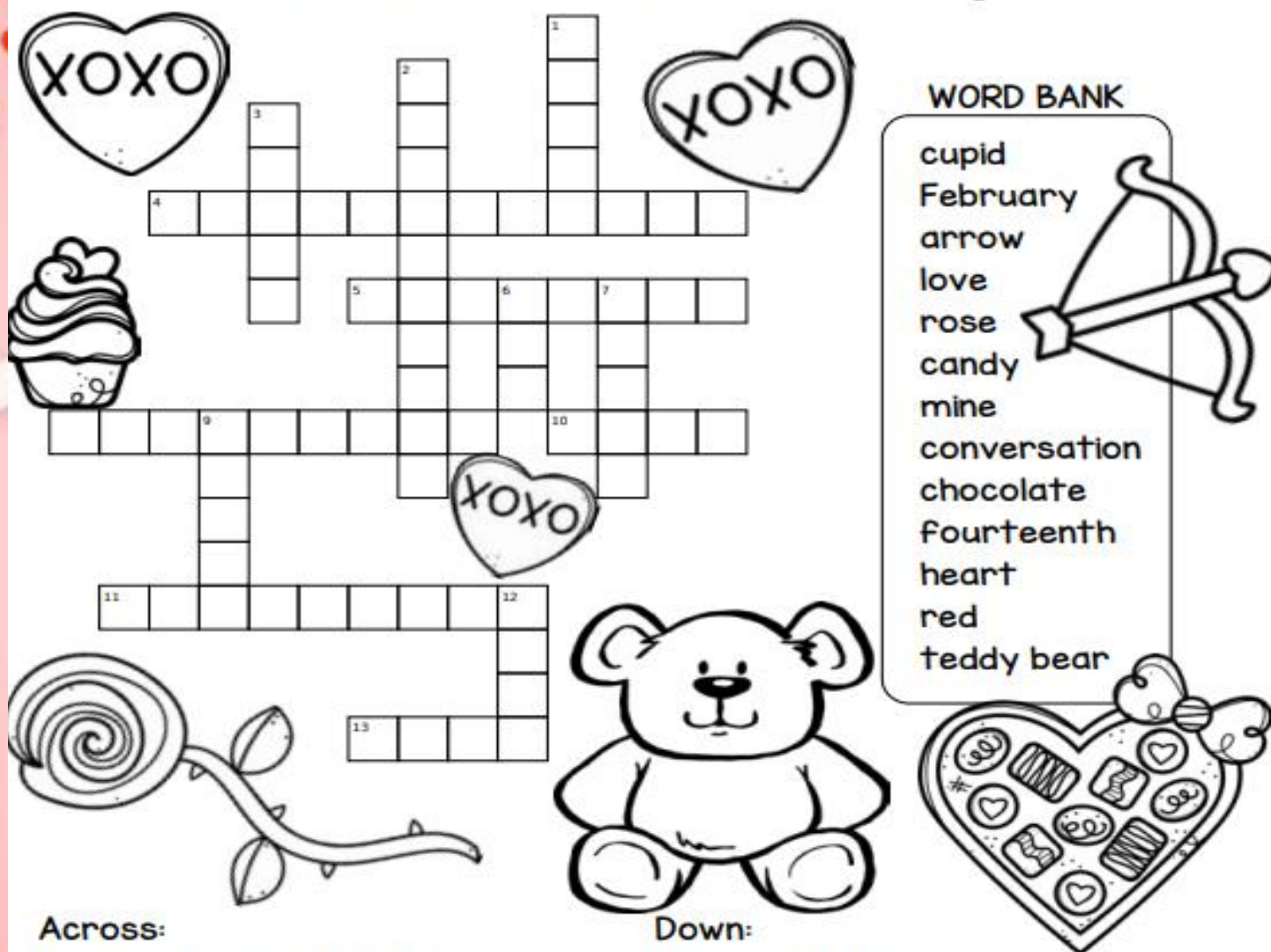
American Legion 235 Holiday Visit



Crossword Puzzle

Solutions on Pg. 27

Valentine's Day



Across:

4. heart candies with phrases on them
5. the month of Valentine's Day
8. kisses or candy in a box
10. Valentine's Day is a day of _____
11. stuffed animals given as gifts
13. expression said on Valentine's Day "Be _____."

Down:

1. symbol of love
2. Valentine's Day is February _____
3. a sweet gift given on Valentine's Day
6. favorite Valentine's Day color
7. the darts that Cupid shoots at people
9. shoots arrows at people
12. a favorite flower for the holiday

Word Search

Solutions on Pg. 28

VALENTINE'S DAY WORD SEARCH



AFFECTION

CANDY

CHERUB

CHOCOLATE

CUPID

FEBRUARY

FLOWERS

FRIENDSHIP

KISS

LOVE

SWEETHEART

VALENTINE

Word Scramble

Solutions Pg. 29

VALENTINE'S DAY Word Scramble

AIENTOCFF

3

DCYAN

5

11

CUBHRE

16

9

COLTEOCHA

13

8

CPIUD

10

FUBERAYR

17

4

EFLSORW

1

25

FEIRPIHSND

7

19

SSKI

26

VLEO

14

12

SRWHEATEET

20

21

18

6

23

NVTENIALE

15

22

24

2

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

11

18

19

20

21

22

23

24

25

26



Sudoku Puzzle

Solutions on Pg. 30

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 3 | 7 | | | | 2 | | | 9 |
| | | 2 | | 5 | | 7 | | 8 |
| 1 | 8 | | | 9 | | 5 | | |
| | 1 | 8 | 7 | | | 9 | | |
| | | 7 | 9 | | | 3 | 8 | |
| 5 | | 9 | | 8 | | | 7 | |
| 9 | | | 5 | | 3 | 8 | | |
| | 5 | | 2 | 6 | | | | 7 |
| | | | | | 8 | 2 | 9 | |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 3 | | 4 | 2 | | | 1 | |
| 9 | | | | | 1 | 7 | 2 | 4 |
| 4 | | | 5 | 7 | | | | 3 |
| | 7 | 9 | | | 2 | | 3 | |
| | | 4 | 9 | 3 | | 2 | | |
| | 2 | | | 5 | | | | 9 |
| 2 | | 7 | | | 3 | 4 | | |
| 6 | 4 | | | 9 | | | | |
| | | 3 | | 1 | | | 9 | |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 9 | 3 | | | 6 | 5 | | 8 |
| | 5 | | 2 | | 3 | | 4 | |
| 8 | 4 | | | 9 | | | | 3 |
| 3 | | 5 | | | 4 | 6 | | |
| 4 | 2 | | | 6 | | | 3 | |
| | | 9 | 5 | | 7 | | 8 | |
| | | 6 | 9 | 5 | | 4 | | |
| | | 4 | 3 | | | | 5 | |
| 5 | | | | 4 | | | | 2 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | 3 | | | | 8 | | 1 | |
| | 9 | | | | 5 | 2 | | 7 |
| 7 | | 1 | 6 | | | | | 8 |
| | 8 | 6 | | 3 | | 5 | | |
| | | 7 | 5 | 8 | | | 6 | |
| 3 | | 5 | 1 | | 7 | | | |
| 1 | 5 | | | 2 | | 7 | | |
| 8 | 7 | | | | | | 3 | |
| | 6 | | 7 | | | | | 5 |

Coloring Page

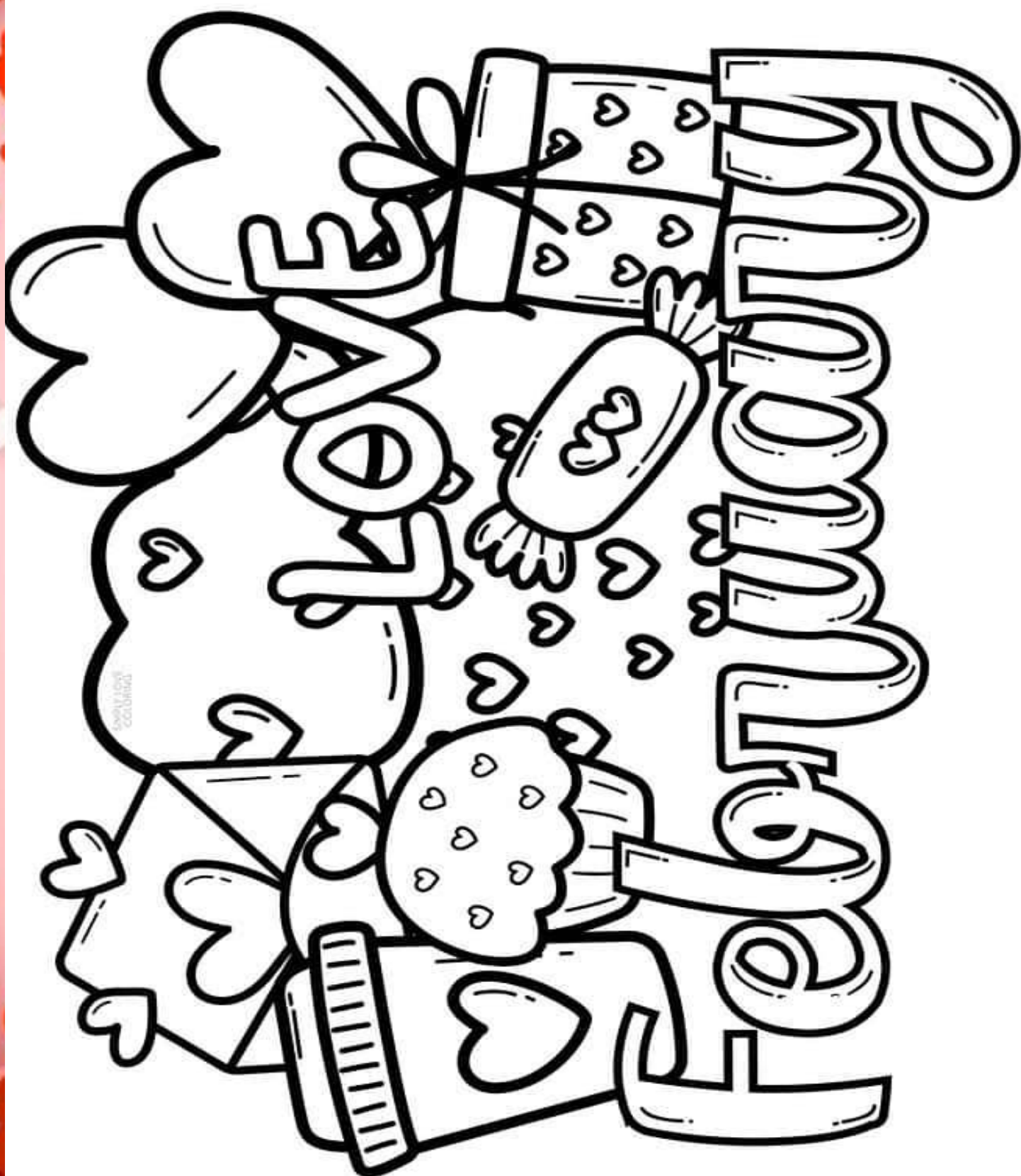
Erika Bowdre



Coloring Page



Coloring Page



Coloring Page



Hidden Name Contest

Congratulations!

December 2025 Hidden Name
Contest Winners



Staff Winner:

Jessica Castro-Almazan



Resident Winner:

Daniel Rich

Somewhere in this issue, we have hidden the names of one Georgia War Resident and one Staff Member.

If you find your name, please call the Activities Office to claim your prize.

Each month, we will randomly pick the name of one resident and one staff member. Be sure to carefully review each issue to see if your name is hidden somewhere within.

THE CHAPLAIN'S CORNER

WITH CHAPLAIN TIMOTHY LARK

The Month of Love

Since February is known as the month of love, let us focus on that direction.

While we think about love, let us not just reflect upon romantic love, but sacrificial love. Veterans understand this kind of love well. I am reminded that love is shown not just by words, but through sacrifice, loyalty, friendship, and service. To serve is to place others before oneself. Scripture tells us, "Greater love has no one than this; to lay down one's life for one's friends" (John 15:13). Whether in combat, support roles, or long hours miles away from family, friends, and loved ones, veterans have lived this out truth. The bonds formed during service, the sacrifices made for others, and the willingness to stand firm during those difficult moments all speak of love that endures.

For many veterans, this season may stir both proud and painful memories. Some may feel lonely, grieved, or weary. If this is you, it's okay to have those feelings. Don't remain in them too long. Please reach out to family, friends, loved ones, your physician, or the chaplain (me)! Support is available, and we are here to help during these times. I believe God invites all of us to bring our pain, questions, and weariness to Him. "The Lord is close to the brokenhearted and saves those who are crushed in spirit" (Psalms 34:18). We are encouraged to surrender worries, anxieties, and burdens to the Lord. Trust that He will care for them because He still cares for us. (1 Peter 5:7)

Though your uniforms may be folded and put away, your purpose remains. Your wisdom, guidance, perseverance, and leadership still matter. No matter your age, health, or circumstance, I believe God still has a reason for your continued existence. As this month unfolds, may you find strength as you reflect, peace in God's presence, and comfort in knowing your service is honored—not only by a grateful nation, but also by a loving God who is with you every day.

Prayer:

Dear gracious and most high God, I thank you for our veterans. May you continue to watch over them and their families. I ask that you fill them with your love, surround them with peace, renew their strength, and remind them they are deeply valued. May your blessings continue to be over our staff as we care for these great women and men who supported and defended our nation. We thank you for your faithfulness unto us. Amen.

THE CHAPLAIN'S CORNER

WITH CHAPLAIN TIMOTHY LARK

Fallen Heroes

by Joyce Atkinson

**From the time I was conceived God had for me a plan
He wanted me to get involved to help my fellow man
I know some were against it but God knows what is best
Since the day He took me home I've had perfect rest
Heaven is so beautiful I'm walking streets of gold
Now I'm serving others including saints of old
I know some still have anger about the way I died
But God and I both have seen the many tears you've cried
He is a God of comfort whose love will never cease
Give your feelings to Him and He will give you peace
As difficult as it may be please don't hold a grudge
Remember this my loved ones God alone will judge
Then on that resurrection day when all the dead will rise;
the Lord will reunite us together in the skies
So don't give up my loved ones my memory is still alive
Put your trust in the Lord; I know you will survive!**

In Memory of:

Coy O'Shields, and Larry Rogers

Word Search Solutions

VALENTINE'S DAY WORD SEARCH



AFFECTION

CANDY

CHERUB

CHOCOLATE

CUPID

FEBRUARY

FLOWERS

FRIENDSHIP

KISS

LOVE

SWEETHEART

VALENTINE

Word Scramble Solutions

VALENTINE'S DAY Word Scramble

AIENTOCFF

A F F E C T I O N

DCYAN

C A N D Y

CUBHRE

C H E R U B

COLTEOCHA

C H O C O L A T E

CPIUD

C U P I D

FUBERAYR

F E B R U A R Y

EFLSORW

F L O W E R S

FEIRPIHSND

F R I E N D S H I P

SSKI

K I S S

VLEO

L O V E

SRWHEATEET

S W E E T H E A R T

NVTENIALE

V A L E N T I N E

M O N E Y

C A N ' T

B U Y

m E

L O V E

B Y

T H E

B E A T L E S



Sudoku Puzzle Solutions

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 3 | 7 | 5 | 8 | 1 | 2 | 6 | 4 | 9 |
| 4 | 9 | 2 | 3 | 5 | 6 | 7 | 1 | 8 |
| 1 | 8 | 6 | 4 | 9 | 7 | 5 | 2 | 3 |
| 2 | 1 | 8 | 7 | 3 | 4 | 9 | 5 | 6 |
| 6 | 4 | 7 | 9 | 2 | 5 | 3 | 8 | 1 |
| 5 | 3 | 9 | 6 | 8 | 1 | 4 | 7 | 2 |
| 9 | 2 | 1 | 5 | 7 | 3 | 8 | 6 | 4 |
| 8 | 5 | 4 | 2 | 6 | 9 | 1 | 3 | 7 |
| 7 | 6 | 3 | 1 | 4 | 8 | 2 | 9 | 5 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 3 | 8 | 4 | 2 | 9 | 5 | 1 | 6 |
| 9 | 6 | 5 | 3 | 8 | 1 | 7 | 2 | 4 |
| 4 | 1 | 2 | 5 | 7 | 6 | 9 | 8 | 3 |
| 8 | 7 | 9 | 6 | 4 | 2 | 1 | 3 | 5 |
| 1 | 5 | 4 | 9 | 3 | 8 | 2 | 6 | 7 |
| 3 | 2 | 6 | 1 | 5 | 7 | 8 | 4 | 9 |
| 2 | 9 | 7 | 8 | 6 | 3 | 4 | 5 | 1 |
| 6 | 4 | 1 | 2 | 9 | 5 | 3 | 7 | 8 |
| 5 | 8 | 3 | 7 | 1 | 4 | 6 | 9 | 2 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 9 | 3 | 4 | 1 | 6 | 5 | 2 | 8 |
| 6 | 5 | 1 | 2 | 8 | 3 | 9 | 4 | 7 |
| 8 | 4 | 2 | 7 | 9 | 5 | 1 | 6 | 3 |
| 3 | 7 | 5 | 8 | 2 | 4 | 6 | 1 | 9 |
| 4 | 2 | 8 | 1 | 6 | 9 | 7 | 3 | 5 |
| 1 | 6 | 9 | 5 | 3 | 7 | 2 | 8 | 4 |
| 2 | 3 | 6 | 9 | 5 | 8 | 4 | 7 | 1 |
| 9 | 1 | 4 | 3 | 7 | 2 | 8 | 5 | 6 |
| 5 | 8 | 7 | 6 | 4 | 1 | 3 | 9 | 2 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | 3 | 4 | 2 | 7 | 8 | 9 | 1 | 6 |
| 6 | 9 | 8 | 3 | 1 | 5 | 2 | 4 | 7 |
| 7 | 2 | 1 | 6 | 4 | 9 | 3 | 5 | 8 |
| 2 | 8 | 6 | 9 | 3 | 4 | 5 | 7 | 1 |
| 9 | 1 | 7 | 5 | 8 | 2 | 4 | 6 | 3 |
| 3 | 4 | 5 | 1 | 6 | 7 | 8 | 2 | 9 |
| 1 | 5 | 3 | 8 | 2 | 6 | 7 | 9 | 4 |
| 8 | 7 | 9 | 4 | 5 | 1 | 6 | 3 | 2 |
| 4 | 6 | 2 | 7 | 9 | 3 | 1 | 8 | 5 |

WISHING THESE WONDERFUL RESIDENTS AND STAFF
A HAPPY BIRTHDAY THIS MONTH!

Staff

| | |
|------------------------|------|
| Heather Nichols | 2/01 |
| Wykessa Modest-Herbert | 2/04 |
| Jermecca Doyle | 2/07 |
| Constance Jones | 2/08 |
| Kaylee Mealing | 2/16 |
| Geor'Nyia Williams | 2/23 |
| Belinda Howard | 2/24 |
| Cheryl Owens | 2/26 |
| Mark Boatwright | 2/28 |



Residents

| | |
|---------------------|------|
| James Venable | 2/04 |
| Warner Wish | 2/05 |
| Raymond Frei Jr. | 2/05 |
| Domenick Bastelli | 2/05 |
| Donnie Wright | 2/07 |
| Thomas Burris | 2/09 |
| Frank Williams | 2/15 |
| Samuel Franklin Sr. | 2/15 |
| James Russell Jr. | 2/16 |
| Samuel McFadden | 2/18 |
| Dale Grimstead | 2/23 |
| Roger Paradise | 2/23 |
| Charles Jenkins | 2/24 |
| Francis Legrand Jr. | 2/24 |



Resident Menu – February 2026

| Sunday 2/01 | Monday 2/02 | Tuesday 2/03 | Wednesday 2/04 | Thursday 2/05 | Friday 2/06 | Saturday 2/07 |
|--|--|---|--|--|---|--|
| BREAKFAST | | | | | | |
| Fresh Blueberries Scrambled Eggs Pork Bacon Pancakes | Pineapple Scrambled Eggs Corned Beef Hash Grits | Strawberries Scrambled Eggs Sliced Ham Breakfast Potatoes | Fruit Scrambled Eggs Pork Sausage Patty French Toast | Fruit Cup Scrambled Eggs Turkey Bacon Hash Browns | Pears Scrambled Eggs Biscuit with Sausage Gravy | Grapes Scrambled Eggs Turkey Sausage Patty Pancakes |
| LUNCH | | | | | | |
| Country Fried Steak Steamed Potatoes Green Beans Key Lime Pie Dinner Roll | Chicken Pot Pie Brussels Sprouts Cobbler Dinner Roll | BBQ Pork Loin Butter Beans Cabbage Rice Krispie Treat Cornbread | Shrimp Creole White Rice Lemon Meringue Pie Dinner Roll | Chili Lime Chicken Lemon Rice Pilaf Zucchini & Yellow Squash Cake Dinner Roll | Crispy Baked Tilapia Hushpuppies Collard Greens Banana Pudding Cornbread | Chicken & Dumplings Steamed Broccoli Apple Pie |
| DINNER | | | | | | |
| Fried Chicken Sweet Potato Squash Ice Cream Cornbread | Hot Dog on a Bun Baked Beans Asian Slaw Chocolate Pudding | Chicken Alfredo Broccoli Garlic Bread Chocolate Chip Cookie | Lasagna Steamed Spinach Peaches Garlic Bread | Brunswick Stew Rice Ice Cream Dinner Roll | Chicken Tenders French Fries Mixed Vegetables Peanut Butter Cookie | Cheeseburger Potato Salad Green Beans Fruit Cup |
| BREAKFAST | | | | | | |
| Blueberries French Toast Scrambled Eggs Turkey Sausage Links | Fruit Cup Biscuit with Gravy Scrambled Eggs Turkey Bacon | Pears Grits Scrambled Eggs Sausage Links Toast | Peaches Banana Pancakes Scrambled Eggs Turkey Bacon | Applesauce Grits Potato Vegetable Skillet Bacon | Pears Scrambled Eggs Oatmeal with Berries Turkey Sausage Toast | Fruit Cup Hash Browns Scrambled Eggs Sausage Toast |
| LUNCH | | | | | | |
| Southwest Chicken Thighs Black Beans & Rice Grilled Peppers & Onions Banana Pudding Dinner Roll | Shrimp Grits Green Beans Blueberry Crisp Dinner Roll | BBQ Pork Loin Roasted Potatoes Spinach Vanilla Pudding Cornbread Muffin | Chicken Marsala Fettuccine Noodles Broccoli Ice Cream Garlic Bread | Lemon Pepper Chicken Orzo Green Beans Pound Cake Bread | Beef Stew Rice Brussels Sprouts Peach Cobbler Dinner Roll | Teriyaki Chicken Fried Rice Stir Fry Vegetables Oatmeal Raisin Cookie Dinner Roll |
| DINNER | | | | | | |
| Shepherd's Pie Apple Pie Dinner Roll | Pasta Roll Broccoli Sugar Cookies | Tuna Noodle Casserole Zucchini & Squash Ice Cream Dinner Roll | Turkey Burger Potato Wedges Apple with Cinnamon | Hot Dog Coleslaw Brownie | BBQ Chicken Mashed Sweet Potatoes Green Beans Rice Krispie Treat | Spaghetti with Meat Sauce Mixed Vegetables Chocolate Pie |

Menu items are subject to change based on supply and availability.

| Sunday 2/15 | Monday 2/16 | Tuesday 2/17 | Wednesday 2/18 | Thursday 2/19 | Friday 2/20 | Saturday 2/21 |
|--|---|---|---|---|---|---|
| BREAKFAST | | | | | | |
| Fruit Oatmeal Scrambled Eggs Turkey Sausage Patty | Pineapple Grits Sausage & Cheese Breakfast Casserole | Fruit Cream of Wheat Scrambled Eggs Grilled Ham Toast | Peaches Grits Scrambled Eggs Turkey Bacon | Fresh Blueberries French Toast Scrambled Eggs Grilled Ham | Pears Scrambled Eggs Biscuit with Sausage Gravy | Grapes Oatmeal Scrambled Eggs Bacon Toast |
| LUNCH | | | | | | |
| Roasted Pork Loin Dijon Roasted Potatoes Mixed Vegetables Ice Cream Cornbread | Salisbury Steak Mashed Potatoes Broccoli Cookie Dinner Roll | Fried Fish Baked Yams Green Beans Pie Dinner Roll | Meat Loaf Mashed Potatoes Roasted Vegetables Angel Food Cake with Strawberries Dinner Roll | Teriyaki Chicken Fried Rice Oriental Vegetables Peaches Dinner Roll | BBQ Pork Rib Mac & Cheese Collard Greens Watermelon Dinner Roll | Cajun Chicken Pasta Squash Medley Cookie Dinner Roll |
| DINNER | | | | | | |
| Baked Ham Turnip Greens Mac & Cheese Peach Cobbler Cornbread | BBQ Pork Sandwich Coleslaw Baked Beans Fruit | Beef Stroganoff Green Peas Garlic Bread Chocolate Pudding | Greek Chicken Zucchini Rice Pilaf Chocolate Chip Cookie | Philly Cheesesteak Steamed Carrots Baked Fries Vanilla Pudding | Lasagna Green Beans Garlic Bread Cobbler | Sloppy Joe Sandwich Roasted Zucchini Baked Chips Jell-O |
| Sunday 2/22 | Monday 2/23 | Tuesday 2/24 | Wednesday 2/25 | Thursday 2/26 | Friday 2/27 | Saturday 2/28 |
| BREAKFAST | | | | | | |
| Fruit Scrambled Eggs Corned Beef Hash Grits | Pears Scrambled Eggs Sausage Crispy Hash Browns | Fruit Scrambled Eggs Sliced Ham Pancakes | Pineapple Scrambled Eggs Biscuit with Sausage Gravy | Peaches Scrambled Eggs Pork Bacon French Toast | Strawberries Sausage & Cheese Breakfast Casserole Toast | Fruit Scrambled Eggs Turkey Sausage Patty Banana Muffin |
| LUNCH | | | | | | |
| Baked Ham Cornbread Stuffing Green Beans Chocolate Cake Dinner Roll | Smothered Pork Chop Roasted Yams Green Peas Fruit Cobbler Dinner Roll | Baked Ziti Garlic Bread Spinach Jell-O | Fried Shrimp Hushpuppies Coleslaw Cookie | Country Fried Steak Baked Sweet Potato Steamed Cabbage Snickerdoodle Cookie Dinner Roll | Fried Chicken Roasted Potatoes Collard Greens Pudding Cornbread | Sausage, Peppers & Onions Vegetable Medley Jell-O Dinner Roll |
| DINNER | | | | | | |
| Grilled Chicken Lima Beans Glazed Carrots Vanilla Pudding | Cheeseburger Fries Peaches Coleslaw | Italian Pork Loin Pinto Beans Squash & Red Peppers Pudding | Lemon Pepper Chicken Roasted Potatoes Spinach Rice Krispie Treat | Roast Beef Mashed Potatoes Brussels Sprouts Fruit | Spaghetti with Meat Sauce Mixed Vegetables Garlic Bread Grapes | Chicken Tenders Potato Wedges Steamed Carrots Ice Cream |

Menu items are subject to change based on supply and availability.

Menu items are subject to change based on supply and availability.

Alternate Menu

- **Sandwich** - Turkey, Ham, Peanut Butter & Jelly
- **Hot Sandwiches** - Hamburger, Hot Dog, Grilled Cheese, Grilled Ham & Cheese
- **Soup** - Tomato, Vegetable, & Chicken Noodle
- **Chicken Tenders**
- **Chicken Pot Pie**
- **Chef Salad**



February 2♥26



| Sun. | Monday | Tuesday | Wednesday | Thursday | Friday | Sat. |
|----------------------------------|--|---|---|---|--|---|
| 1 Faith Baptist Church @ 2:30 | 2 9:30 Monday Music 10:00 Parachute Pop 2:30 AL Post 192 Valentines Party | 3 9:30 Coffee & News 10:00 Game Shows with Valentines Day 2:30 Craft PLS 7:00 CVMA Riders BINGO | 4 8:30 4 th Floor Barber 9:30 Spa Day 2:30 DAV BINGO (5 th) | 5 9:00 Movie & Popcorn on each unit 2:30 DAV Ice Cream Social (3 rd) | 6 9:30 Today in History 10:00 The Word with Chaplain Lark 2:30 Wood Working | 7 Family Visits |
| 8 Family Visits | 9 9:30 Monday Music 10:00 Love Letters to Loved Ones 2:30 BINGO | 10 9:30 Coffee & News 10:00 Game Shows with Friends 2:30 Minute To Win It | 11 8:30 3 rd Floor Barber 10:00 Chaplain Larry 10:00 Flower Club (4 th) 2:30 Elks Lodge 205 BINGO (5 th) | 12 9:00 Movie & Popcorn on each unit 2:30 Love Song Karaoke 7:00 Evening Movie Project Lifting Spirits | 13 9:30 Today in History 10:00 The Word with Chaplain Lark 2:30 Valentine's Day Celebration | 14 Faith Out Reach (2 nd Floor) @ 10:00 |
| 15 Mackey House Music @ 2:30 | 16 9:30 Monday Music 10:00 Puzzles 2:30 Octaband Stretch 7:00 BINGO | 17 9:30 Coffee & News 10:00 Game Shows with Friends 2:30 Crafting | 18 8:30 2 nd Floor Barber 9:30 Bike Club 10:00 Retro Recipe Prep 2:30 Retro Recipes Tasting | 19 9:30 Movie & Popcorn on each unit 2:30 Cup Stacking Challenge | 20 9:30 Today in History 10:00 Fun & Games 2:30 Wood Working | 21 McKnight BINGO @ 2:30pm |
| 22 Church of Christ | 23 9:30 Monday Music 10:00 Sand Castles 2:30 PLINKO | 24 9:30 Coffee & News 10:00 Game Shows with Friends 2:30 AL Post 205 Social (5 th) | 25 8:30 5 th Floor Barber 9:30 Bike Club 10:00 Chaplain Larry 2:30 Birthday Party With VFW (4 th) | 26 9:00 Movie & Popcorn on each unit 2:30 AL Post 192 Social (2 nd) | 27 9:30 Today in History 10:00 The Word with Chaplain Lark 2:30 Octaband Stretch | 28 Family Visits |
| | | | | | | |

Activities are subject to change based on Resident interest and safety; One-on-one activities occur on each floor.

Thank You



**TO ALL OF OUR VETERANS, FAMILIES,
FRIENDS, STAFF,
FACULTY, AND
CONTRIBUTORS.**



GEORGIA WAR VETERANS NURSING HOME