

Rapid Review

Important Points to Remember:

- PPE is an essential component of Standard and Transmission-Based Precautions
- Being able to correctly apply and remove PPE helps ensure that they work in the intended manner
- Appropriate removal of PPE ranks among one of the most critical of topics in infection prevention
- Keep gloved hands away from face and avoid touching or adjusting other PPE
- Remove gloves if they become torn; perform hand hygiene before donning new gloves
- Reference: <https://www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf>

Removing Personal Protective Equipment

RATIONALE: To outline the two CDC recommended sequence of events for appropriately removing (doffing) Personal Protective Equipment (PPE).

Doffing PPE: Example 1

1. Gloves should be removed as pictured below:



Perform Hand Hygiene!

2. Grasp ear or head pieces of face shield or goggles with ungloved hands and lift away from face. Place in designated receptacle for reprocessing or disposal.

Perform Hand Hygiene!



3. Unfasten ties and peel gown away from neck and shoulder. Turn contaminated outside toward the inside. Fold or roll into a bundle and discard. **Perform Hand Hygiene!**



4. Removal of a cone mask: grasp elastic from behind head and remove the mask from face. Handle only the elastic strap from the mask and discard.

OR

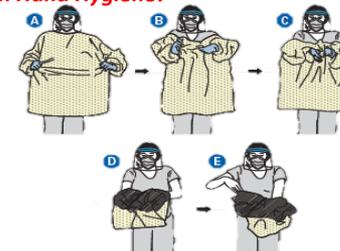
Removal of an N-95 mask: Lift the bottom elastic over your head first and then lift off the top elastic and discard. Remember to only handle the mask by elastic straps. **Perform Hand Hygiene!**



Doffing PPE: Example 2

1. Gown and gloves should be removed as pictured below. **Perform Hand Hygiene!**

- Grasp the gown in the front and pull away from your body so that the ties break, touching outside of gown only with gloved hands.
- While removing the gown, fold or roll the gown inside-out into a bundle.
- As you are removing the gown, peel off your gloves at the same time.
- **Perform Hand Hygiene!**



2. Grasp ear or head pieces of face shield or goggles with ungloved hands and lift away from face. Place in designated receptacle for reprocessing or disposal. **Perform Hand Hygiene!**

3. Removal of a cone mask: grasp elastic from behind head and remove the mask from face. Handle only the elastic strap from the mask and discard. **Perform Hand Hygiene!**

OR

Removal of an N-95 mask: Lift the bottom elastic over your head first and then lift off the top elastic and discard. Only handle the mask by the elastic straps. **Perform Hand Hygiene!**