

Curriculum Vitae

Margaret Kitterman Blagg, PT, DPT
Board-Certified Clinical Specialist in Neurologic Physical Therapy
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987 St. Sebastian Way EC-1326
Augusta, GA 30912
(706) 721-3574
Augusta University
Department of Physical Therapy

Education:

Doctor of Education in Adult Learning & Development
Valdosta State University, Department of Leadership, Technology, & Workforce Development
In progress – anticipated graduation date, Spring 2026

Doctor of Physical Therapy
Medical College of Georgia, Department of Physical Therapy, Augusta, GA
Graduated with Honors, 2008

Bachelor of Science in Education
University of Georgia, Department of Exercise Science, Athens, GA
Graduated, 2004

Licensure:

Georgia Board of Physical Therapy (License PT009315)	2008 – present
South Carolina Board of Physical Therapy (License PT007149)	2013—2014

Certifications:

ABPTS Board Certification Neurologic Clinical Specialist	2023-2033
ABPTS Board Certification Women’s Health Clinical Specialist	2017-2027
Nonviolent Crisis Prevention Intervention	2010
APTA Certified Clinical Instructor Level 1	2009
Certified Brain Injury Specialist	2009-2012

Professional Academic Appointments:

Assistant Professor
Department of Physical Therapy
Augusta University Doctor of Physical Therapy Program
Augusta, GA
July 2016- present

Adjunct Professor
Department of Physical Therapy
Augusta University Doctor of Physical Therapy Program
Augusta, GA
November 2015-June 2016

Physical Therapy Employment:

Women's Health Physical Therapist
Doctors Hospital Outpatient Rehabilitation
2014-2016

Staff Physical Therapist (PRN),
Doctors Hospital, Augusta, GA
2014-2015

Clinical Manager & Physical Therapist
Hitchcock Healthcare, Augusta, GA
2013-2014

Clinical Manager & Physical Therapist,
HealthSouth Healthcare Walton Rehabilitation
Outpatient Rehabilitation, Augusta, GA
2013

Staff Physical Therapist
Walton Rehabilitation Health System
Inpatient Rehabilitation and Outpatient Rehabilitation
2008-2013

Grant Activity

CAHS Research Mentoring Initiative Grant. 2020 Award Recipient.

Scientific Peer-Reviewed Publications:

Blagg, M., & Bolgla, L. (2023). The relative activation of pelvic floor muscles during selected yoga poses. *Complementary Therapies in Clinical Practice*, 52.
<https://doi.org/https://doi.org/10.1016/j.ctcp.2023.101768>

Young L, Kupzyk K, Parker B, McCall A, Hergott C, **Blagg M.** (2016). Develop and test a palliative care screening tool for rural patients with serious chronic illnesses: a study protocol. *International Journal of Clinical Trials*, 3(4): 210-216.

Presentations at National, Regional, State and Local Meetings

Blagg M, Bolgla L, Aronica K, Crupie C, Green J, Litavec J, McTeer O, Price T. (2022). The Relative Activation of Pelvic Floor Muscles during Selected Yoga Poses. American Physical Therapy Association Conference. San Antonio, Texas. *Journal of Women's Health Physical Therapy*: January/March 2022 - Volume 46 - Issue 1 - p E39-E58

Holbrook C, Hogan V, **Blagg M,** Nag Ayyala D, Coughlin S. (2020). Rehabilitation Utilization and Upper Extremity Disability in Breast Cancer Survivors. Physical Therapy Association of Georgia. Atlanta, Georgia.

Blagg, M. The Importance of Board Specialization to Your Career & Our Profession: Broadening Our Scope & Practice. (2017). Physical Therapy Association of Georgia, Middle Georgia Local Area Network Webinar.

Blagg, M. Pelvic Floor Dysfunction: Therapeutic Implications. (2017). HMI Symposium. Augusta, GA.

Chong RK, Gesotti P, Fogle K, Gillespie R, **Kitterman M,** Loyd N, Shonson C, Smith L, & Whitlow C. (2007). Effect of cutaneous stimulation cues on gait in Parkinson's disease. Society for Neuroscience Annual Conference. San Diego, California, USA. 80.9

Chong RK, Gesotti P, Fogle K, Gillespie R, **Kitterman M,** Loyd N, Shonson C, Smith L, Whitlow C, & Morgan J. (2007). Cutaneous electrical stimulation as an adjunct to pharmacological and surgical treatments of Parkinson's disease. 1st Asian and Oceania Parkinson's Disease and Movement Disorders Congress, Singapore. M32

Chong RK, Gesotti P, Fogle K, Gillespie R, **Kitterman M,** Loyd N, Shonson C, Smith L, & Whitlow C. (2006). Effect of electrical stimulation cues on gait and postural control in Parkinson's disease. Society for Neuroscience Annual Conference. Atlanta, Georgia, USA. 676.14. 1

of 700 submissions (out of a total of > 14,000 submissions) selected by the Society for Neuroscience's Public Education and Communication Committee for a Neuroscience 2006 Press Book submission

Non-Peer Reviewed Scholarship:

Blagg M. (2009). Proper Equipment and Monitoring Can Minimize Pressure Sores. *Rehab Management*, 22(9).

Community Presentations:

How to Get Your Body Back After Baby: What to do When Exercise Doesn't Work (2016). Babies-R-Us, Evans, GA.
Post-Partum Education. (2015). Doctors Hospital Nursing Staff Yearly Competence.
Love Your Pelvis. (2015). Augusta Junior League. Augusta, GA.
Pelvic Floor for Stability and Function. (2015). Doctors Hospital H2U. Augusta, GA.
Pelvic Floor Rehabilitation. (2015). Doctors Hospital Cancer Conference. Augusta, GA.
Women's Health Physical Therapy. (2015). Wilson Family YMCA. Augusta, GA.
Pelvic Floor Physical Therapy. (2014). Doctors Hospital Girl Talk Support Group. Augusta, GA.
Exercise, Physical Activity, and Parkinson's Disease. (2013, 2014). Aiken Parkinson's Support Group. Aiken, SC.
Exercise and Muscular Dystrophy. (2014). CSRA Muscular Dystrophy Support Group. Augusta, GA.
Clinical Use of Neuroelectric Prosthetics. (2012). Neurorehabilitation Conference. Kroc Center, Augusta, GA.

Current Professional Organization Membership:

American Physical Therapy Association
Physical Therapy Association of Georgia
APTA Academy of Education
APTA Academy of Neurologic Physical Therapy
APTA Academy of Pelvic Health Physical Therapy

Service:

Department of Physical Therapy

Chair	Academic Success Committee	2023-present
Member	Faculty Search Committee	2022-present
Member	Curriculum Committee	2021-present
Member	Admissions Committee	2022-2023

Founder	Diversity, Equity, and Inclusion Group	2021-2022
Chair	Admissions Committee	2020-2022
Member	Admissions Committee	2019-2020
Member	Staff Representative Search Committee	2021-2022
Chair	Faculty Search Committee	2021
Member	Academic Success Committee	2019-2021
Member	Faculty Search Committee	2016-2017
Member	Curriculum Committee	2016-2018

College of Allied Health Sciences

Member	CAHS Alumni Society Board	2023-present
Member	CAHS Diversity, Equity, and Inclusion Task Force	2021-2022

Augusta University

Senate Faculty Rights & Responsibilities Committee		2021-present
Senate Curriculum & Academic Policies Committee		2019-2020
Senate Athletics Committee		2018-2019

Professional

Journal Reviewer	Physiotherapy Theory and Practice	2017
Text Reviewer	<i>The Art of Control: A Woman's Guide to Bladder Care</i>	2015

Academic Teaching Responsibilities:

Spring Semester, 2024

Course Director	Integration for Practice: Neuromuscular	8 credits
Guest Lecturer	Medical Conditions 1: <i>Gender Health Issues</i>	
Guest Lecturer	Dental College of Georgia: <i>Transferring A Patient with Impaired Mobility</i>	
Guest Lecturer	Orthopaedic Residency: <i>Identifying Pelvic Dominant Dysfunction in Common Orthopedic Complaints</i>	

Fall Semester, 2023

Course Director	Applied Neuroscience	4 credits
Course Faculty	General Concepts of Patient Management 2	4 credits
Guest Lecturer	Professional Practice Expectations 2: <i>Sexuality & Disability</i>	

Summer Semester, 2023

Course Director	General Concepts of Patient Management 1	3 credits
Guest Faculty	Integrated Patient Management: <i>Pelvic Health CPG</i>	

Spring Semester, 2023

Course Director	Integration for Practice: Neuromuscular	8 credits
Guest Lecturer	Medical Conditions 1: <i>Gender Health Issues</i>	
Guest Lecturer	Dental College of Georgia: <i>Transferring A Patient with Impaired Mobility</i>	

Fall Semester, 2022

Course Director	Applied Neuroscience	4 credits
Course Faculty	General Concepts of Patient Management 2	4 credits
Guest Lecturer	Professional Practice Expectations 2: <i>Sexuality & Disability</i>	
Guest Lecturer	Medical Conditions 3: <i>Traumatic Brain Injury</i>	

Summer Semester, 2022

Course Director	General Concepts of Patient Management 1	3 credits
Guest Faculty	Integrated Patient Management: <i>Pelvic Health CPG</i>	

Spring Semester, 2022

Course Director	Integration for Practice: Neuromuscular	8 credits
Guest Lecturer	Medical Conditions 1: <i>Gender Health Issues</i>	
Guest Lecturer	Dental College of Georgia: <i>Transferring A Patient with Impaired Mobility</i>	
Research Supervision	<i>The relative activation of pelvic floor muscles during selected yoga poses</i>	

Fall Semester, 2021

Course Director	Medical Conditions 3	5 credits
Course Faculty	Medical Conditions 2	4 credits
Course Faculty	Applied Neuroscience	4 credits
Guest Lecturer	Professional Practice Expectations 2: <i>Sexuality & Disability</i>	
Guest Lecturer	Orthopaedic Residency: <i>Identifying Pelvic Dominant Dysfunction in Common Orthopedic Complaints</i>	
Research Supervision	<i>The relative activation of pelvic floor muscles during selected yoga poses</i>	

Summer Semester, 2021

Course Director	General Concepts of Patient Management 1	3 credits
Guest Faculty	Integrated Patient Management: <i>Pelvic Health CPG</i>	
Research Supervision	<i>The relative activation of pelvic floor muscles during selected yoga poses</i>	

Spring Semester, 2021

Course Faculty	Integration for Practice: Neuromuscular	8 credits
Guest Lecturer	Medical Conditions 1: <i>Gender Health Issues</i>	
Research Supervision	<i>The relative activation of pelvic floor muscles during selected yoga poses</i>	

Fall Semester, 2019

Course Director	Medical Conditions 3	5 credits
Course Faculty	Medical Conditions 2	4 credits
Guest Lecturer	Professional Practice Expectations 2: <i>Sexuality & Disability</i>	

Summer Semester, 2019

Course Director	General Concepts of Patient Management 1	3 credits
Research Supervision	<i>Female Infertility</i>	

Spring Semester, 2019

Course Faculty	Integration for Practice: Neuromuscular	8 credits
Guest Lecturer	Medical Conditions 1: <i>Gender Health Issues</i>	
Research Supervision	<i>Female Infertility</i>	
Research Supervision	<i>Pelvic Floor Dysfunction in Athletes</i>	

Fall Semester, 2018

Course Director	Medical Conditions 3	5 credits
Course Faculty	Medical Conditions 2	4 credits
Guest Lecturer	Professional Practice Expectations 2: <i>Sexuality & Disability</i>	
Research Supervision	<i>Female Infertility</i>	
Research Supervision	<i>Pelvic Floor Dysfunction in Athletes</i>	

Summer Semester, 2018

Course Director	General Concepts of Patient Management 1	3 credits
Research Supervision	<i>Female Infertility</i>	
Research Supervision	<i>Pelvic Floor Dysfunction in Athletes</i>	

Spring Semester, 2018

Course Faculty	Integration for Practice: Neuromuscular	8 credits
Guest Lecturer	Medical Conditions 1: <i>Gender Health Issues</i>	
Research Supervision	<i>Female Infertility</i>	
Research Supervision	<i>Pelvic Floor Dysfunction in Athletes</i>	

Fall Semester, 2017

Course Director	Medical Conditions 2	4 credits
Course Director	Medical Conditions 3	6 credits
Research Supervision	<i>Pelvic Floor Dysfunction in Athletes</i>	

Summer Semester, 2017

Course Director	General Concepts of Patient Management 1	3 credits
Research Supervision	<i>Pelvic Floor Dysfunction in Athletes</i>	

Spring Semester, 2017

Course Faculty Integration for Practice: Neuromuscular 8 credits
Research Supervision *Pelvic Floor Dysfunction in Athletes*

Fall Semester, 2016

Course Director Medical Conditions 3 5 credits
Course Faculty Medical Conditions 2 4 credits
Research Supervision *Pelvic Floor Dysfunction in Athletes*

Summer Semester, 2016

Course Faculty General Concepts of Patient Management 1 3 credits

Spring Semester, 2016

Adjunct Faculty Integration for Practice: Neuromuscular

Fall Semester, 2015

Adjunct Faculty Medical Conditions 3