

Curriculum Vitae

Name: Colleen G. Hergott, PT, DPT, MEd
AU Rank: Associate Professor, College of Allied Health Sciences
Office Address: Department of Physical Therapy
EC-1312
Augusta University
Augusta, GA 30912
Office Telephone: (706) 721-2896
ORCID: 0000-0003-0404-9031

Education:

Doctorate of Health Sciences, Student
University of Indianapolis
Completed 42 credits
August 2022-current

Doctorate of Physical Therapy
Baylor University
Physical Therapy
August 2009

Masters of Education
University of Texas, Austin
Kinesiology
May 1996

Masters of Physical Therapy
Army-Baylor University
Physical Therapy
May 1991

Bachelors of Arts
University of Texas, Austin
Zoology
December 1988

Professional Academic Appointments:

Chair
Department of Physical Therapy
Augusta University Doctor of Physical Therapy Program
Augusta, GA
Jan 1, 2022- present

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Interim Chair
Department of Physical Therapy
Augusta University Doctor of Physical Therapy Program
Augusta, GA
Jan 1, 2021- Jan 1, 2022

Core Faculty
Department of Physical Therapy
Augusta University Doctor of Physical Therapy Program
Augusta, GA
Oct 2015- Dec 2020

Adjunct Faculty
Physical Therapy Program
Georgia Regents University
Augusta, GA
Sept 2013- May 2015

Physical Therapy Employment:

Medical College of Georgia Forensic Institute
Forensic Medical Expert
2023-present

Physical Therapist
Christ Community Health Services
Pro Bono Physical Therapy Practice
2022-present

Physical Therapist
AUMA Executive Wellness Program
Executive Fitness Evaluations
2019-2022

Physical Therapist
Integra Rehabilitation at Harrington Park Health and Rehabilitation
Skilled Nursing Facility
Augusta, GA
July 2015 – Dec 2019

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Physical Therapist
Integra Rehabilitation at Stevens Park Health & Rehabilitation
Skilled Nursing Facility
Augusta, GA
Aug 2011-July 2015

Physical Therapist
Hitchcock Healthcare
Augusta, GA
Oct 2009- May 2011.

Physical Therapist
US Army Captain
Martin Army Community Hospital,
Fort Benning, GA
May 1991- Sept 1994

Professional Responsibilities/Appointments

Appraiser	APTA Clinical Practice Guidelines for Heart Failure	2024
Appointment	ABPTS Specialization Academy of Content Experts	2024-2026
Reviewer	NCOA Evidence-based Program Review Council	2021-2022
Appointment	Exercise is Medicine Clinical Practice Committee	2018-2024
Appointment	APTA Geriatrics/National Council on Aging Task Force	2018-present
Elected Leadership	APTA Geriatrics Health Promotion and Wellness SIG	2020-2023
Member	Council for Prevention, Health Promotion, and Wellness	2020-present
Content Reviewer	APTA ChoosePT Symptoms & Conditions Guide	2021
Item Writer	Federation State Boards of Physical Therapy (FSBPT)	2018
Peer Reviewer		
	Journal of Clinical Sciences	2024-present
	International Journal of Envir Research & Public Health	2022-present
	Behavioral Sciences	2022-present
	Physiotherapy Theory and Practice	2017-present
	Guide to Evidence-Based Physical Therapy Practice: Jewell	2017

Committee Assignments

Department of Physical Therapy

Chair	Curriculum Committee	2018-2021
Member	Curriculum Revision Task Force	2019-2020
Member	Curriculum Committee	2016-2018
Member	Physical Therapy Chair Search Committee	2018
Chair	Service Committee	2016-2018

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College

Chair	CAHS Search Committee Department of Undergraduate Health Professions	2022
Member	CAHS Criminal Background Review Committee	2022
Member	CAHS Anatomist Search Committee	2022
Member	CAHS Anatomist Search Committee	2021
Member	CAHS Strategic Planning Committee for Education	2021
Member	Augusta University Faculty Council	2016-2020
Member	CAHS Awards & Nominations Committee	2019
Liaison	American Heart Association Representative	2017-2020

University

Reviewer	US-Scotland Rural Health CONVERGE Grant Proposals	2024
Member	Faculty Evaluation Assessment (FEA) Promotion Task Force	2022
Member	Augusta University Student Affairs Committee	2020
Member	Augusta University Athletic Committee	2016-2018

Licensure/Certifications:

Gamification Surveyor Certification Level 1	2023
Credentialed Clinical Instructor (CCIP) Level 1	2022
Micro-credential AU Online Teaching Certificate	2022
GA PT licensure #PT003342	1991-present
SC PT licensure #6089	2009-present
AGPT CEEAA (Certified Exercise Expert Aging Adults)	2019-present
ABPTS Board Certification Geriatric Clinical Specialist	2016-present
ACSM Certified Clinical Exercise Physiologist	2017-present
Certified Neuro-Developmental Treatment Therapist for Adult Hemiplegia	2011-present
Otago Exercise Program Certification	2018
Exercise is Medicine Ambassador	2018

Scientific and Professional Societies

American Physical Therapy Association

- Geriatrics Section
- Cardiovascular and Pulmonary Section
- Education Section

American Physical Therapy Association Georgia
Neurodevelopmental Treatment Association
American College of Sports Medicine
Council on Prevention, Health Promotion, and Wellness

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Awards/Honors:

2022 Faculty Inclusive Excellence Initiative Award for Visiting Scholar
2022 Faculty Inclusive Excellence Initiative Award for Faculty Search
2021 Phi Kappa Phi Honor Society
2020 CAHS Faculty Service Award
2019 Alpha Eta Honor Society

Grants and Sponsored Research

Jehu, D. Hamrick, M.W., Young, L., Waller, J.L. Ange, B. L., **Hergott C. G.**, Morgan, J. C., The effects of exercise on executive function in older adults living with dementia. “ Augusta University, \$25,000.00 January 1, 2022- December 31, 2022).

Publications in Refereed Journals

Taylor, D. W., Lorio, A. K., **Hergott, C.**, Karnes, J. L., Walton-Mouw, R., & McCall, S. (2023). Stopping Falls: A United Initiative among Physical Therapy Educators. *Physical & Occupational Therapy in Geriatrics*, 1-10. <https://doi.org/10.1080/02703181.2023.2297704>

Jehu, D.A., Dong, Y., Zhu, H., Huang, Y., Soares, A., Patel, C., Aden, Z., **Hergott, C.**, Ange, B., Waller, J.L. and Young, L., 2023. The effects of strEngth aNd BaLance exercise on executive function in people living with dementia (ENABLED): Study protocol for a pilot randomized controlled trial. *Contemporary Clinical Trials*, p.107220. <https://doi.org/10.1016/j.cct.2023.107220>

Brach, Jennifer S. Schrodtt, Lori A., Vincenzo, Jennifer L., Perera, Subashan, **Hergott, Colleen**, Sidelinker, Jennifer, Rohrer, Beth, Tripken, Jennifer, Shubert, Tiffany E. Knowledge and Use of Evidence-Based Programs for Older Adults in the Community: A Survey of Physical Therapy Professionals. *Journal of Geriatric Physical Therapy* 46(4): p 196-206, October/December 2023. | DOI: 10.1519/JPT.0000000000000359

Hergott, C. G., Bolgla, L. A., Waller, J. L., Dowling, A., Ezzell, K., Graves, C., & Peed, W. (2022). TUG-10: A Modification of the Timed Up and Go Test for Aerobic Assessment in Older Adults. *Cardiopulmonary Physical Therapy Journal*, 33(4), September 2022. <https://doi.org/10.1097/CPT.0000000000000202>

Vincenzo, J.L., **Hergott, C.**, Schrodtt, L., Perera, S., Tripken, J., Shubert, T.E., & Brach, J. (2022). Physical therapists and physical therapist assistants' knowledge and use of the STEADI for falls risk screening of older adults in physical therapy practice in the United States. *International Journal of Environmental Research and Public Health - Special Issue, Physical Therapy in Geriatrics*, 19(3) epub online January 2022. <https://doi.org/10.3390/ijerph19031354>

Colleen G. Hergott & Jessica Lovins (2022) The impact of functional exercise on the reversal of acromegaly induced frailty: a case report. *Physiotherapy Theory and Practice*, 38:3, 471-480, <https://doi.org/10.1080/09593985.2020.1768456>

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Schrodt L, Sledge R, **Hergott C**, Rohrer B, Sidelinker JC, Brach JS, Vincenzo JL, Shirley K, Shubert T. (2021). Clinical-community connections: Incorporating evidence-based programs for improved patient outcomes. *Topics in Geriatric Rehabilitation*, September 2021.

<https://doi.org/10.1097/TGR.0000000000000322>

Vincenzo, J. L., **Hergott, C.**, Schrodt, L., Perera, S., Tripken, J., Shubert, T. E., & Brach, J. S. (2021). Physical Therapists as Partners for Community Fall Risk Screenings and Referrals to Community Programs. *Frontiers in Public Health*, June 2021(9). <https://doi.org/10.3389/fpubh.2021.672366>

Vincenzo, J. L., **Hergott, C.**, Schrodt, L., Rohrer, B., Brach, J., Tripken, J., & Shubert, T. E. (2021). Capitalizing on Virtual Delivery of Community Programs to Support Health and Well-Being of Older Adults. *Physical Therapy*, 101(4), January 2021. <https://doi.org/10.1093/ptj/pzab001>

Brueilly, Kevin E., **Colleen G. Hergott**, Ashley M. Fox, and Jeffrey S. Dowling. (2021) Early rehabilitation following saddle pulmonary embolism: perspective from physical therapist as patient. *Journal of Acute Care Physical Therapy*, 12(2) 2: 57-64, January 2021.

<https://doi.org/10.1097/JAT.0000000000000149>

Young, L., Kupzyk, K., Bob, P., McCall, A., & **Hergott, C.** (2016). Develop and test a palliative care screening tool for rural patients with serious chronic illnesses: a study protocol. *International Journal of Clinical Trials*; 3(4), 210-216.

Book Chapter Contributions

Staples WH, ed. *Geriatric Physical Therapy: A Case Study Approach 2nd ed.* New York, NY; McGraw-Hill. 2021. **Hergott**: Chapter Introduction to Cardiovascular and Pulmonary Cases and Cases: Case 36 Chronic Venous Insufficiency Resulting from Post-Thrombotic Syndrome, Case 25 & 26 Evaluation and Treatment of Peripheral Arterial Disease, Case 10 Clinical Practice Guidelines for Heart Failure; Issues for Aging Adults Case 1 & 2 Discharge and Community Connections.

<https://accessphysiotherapy.mhmedical.com/book.aspx?bookid=3003>

Presentations at International, National, Regional, State, and Local Meetings

Refereed Scientific and Professional Presentations

Fox A., **Hergott C.** *Should Differential Diagnosis of Plantar Fasciitis Include Peripheral Artery Disease?* APTA Combined Sections Meeting. San Diego, CA. Poster presentation February 24, 2023

Stuhr R., **Hergott C.** *Exercise is Medicine for Osteoarthritis.* Medical Fitness Association Conference. Orlando, Florida. Presentation November 18, 2022.

Hergott C., Watford P., Hall M., Brown S., Jirau-Rosalay W. *Promotion of Interdisciplinary Collaboration through a Geriatric Educational Workshop.* APTA Educational Leadership Conference. Milwaukee, Wisconsin. Poster Presentation October 26, 2022.

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Hergott C. *Clinical Community Connections: Innovation on Your Own Backyard* (2022). Colorado Health Virtual Promotion Symposium: The Power of Connection in Physical Therapy Practice. The University of Colorado. Platform Presentation September 18, 2022.

Vincenzo, J.L., Schrodt, L.A., **Hergott, C.**, Perera, S., Tripken, J., Shubert, T.E., & Brach, J.S. *Gaps in Physical Therapists' and Physical Therapist Assistants' Knowledge and Use of the CDC's STEADI for Falls Risk Screening of Older Adults in the United States*. Translational Science - Annual Meeting of the Association for Clinical and Translational Science. Chicago, IL. Poster Presentation 2022.

Shubert, T., J., Schrodt L., Vincenzo, J.L., Rohrer, B., **Hergott, C.** *Virtual? Live? Hybrid? The Role of Physical Therapy in Personalized Health Promotion*. Presented to the APTA Combined Sections Meeting. February 5th, 2022

Hergott, C., Sidelinker, J., Vincenzo, J.L., Shubert, T. Brach, J.S., Tripken, J., Schrodt, L. *Clinical-Community Connections: Partnering for Sustainable Outcomes*. APTA Georgia IMPACT Conference. Poster Presentation October 2nd, 2021.

Hergott, C., Edwards, C., Lacey Collard-Guinzy, Charles Hollub, Josie, Kana, Elisha Odum, Edgerton K. *A Mixed-Methods Study of Physical Activity Vital Sign Administration*. APTA Combined Sections Meeting. Poster Presentation February 5th, 2022.

Watford P, Hall M, **Hergott C**, Winston N, Brown S, Wood E, Jirau-Rosalay, W. *A Geriatric Interprofessional Educational Program: A Mixed-Method Study*. International Society for the Scholarship of Teaching and Learning, Inc. Perth Australia October 29th, 2021.

Winston N, **Hergott C**, Hall, M, Watford P, Brown S, Wood E, Jirau-Rosalay, W. *How Do We Evaluate a Geriatric Patient as a Team? Results from an Interprofessional Geriatric Workshop for Undergraduate Medical, Occupational Therapy, and Physical Therapy Students*. 2021 Virtual Group on Educational Affairs (GEA) Joint Regional Conference. Platform Presentation with Q&A April 21, 2021.

Hergenroeder A., **Hergott C.**, Bezner J. *Take a Stand for Better Health! Strategies for Patients to Sit Less and Move More*. Combined Sections Meeting of the American Physical Therapy Association. Combined Sections Meeting of the American Physical Therapy Association. Virtual Presentation with Q&A February 24, 2021.

Hergott, C., Dowling A., Ezzell K., Graves C., Peed W., Bolgla L. *Comparison of Physiologic Responses between Three Outcome Measures of Endurance*. Combined Sections Meeting of the American Physical Therapy Association. Virtual Poster Presentation February 2021.

Vincenzo, J.L., **Hergott, C.**, Schrodt, L., Rohrer, B., Brach, J., Tripken, J., Shirley, K. Sidelinker, J.C., Bennett, H., & Shubert, T.E. *The Virtual Evolution of Programs for Older Adults' Engagement in Physical Activity during the Pandemic*. Combined Sections Meeting of the American Physical Therapy Association. Virtual Platform Presentation February 2021.

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Taylor, D., Lorio, A., **Hergott, C.**, Karnes J., Walton-Mouw R, McCall S. *Stopping Falls in Georgia: A United Initiative among Physical Therapy Educators*. APTA Educational Leadership Conference. Virtual Platform Presentation October 16, 2020.

Sidelinker J, Shubert T, Schrodt L, **Hergott C**, Shirley K, Rohrer B, Vincenzo J, Brach J, Tripken J. *Clinical-Community Connections: Partnering for Sustainable Outcomes*. Southeast District of the Pennsylvania state chapter of the APTA. Poster Presentation October 2020.

Hergott C, Massey N, Beazley D, Bolgla L. *Is the Physical Activity Vital Sign Associated with Fall Risk in Older Adults?* American College of Sports Medicine Annual Meeting/World Congress on Exercise is Medicine. Poster Presentation May 2020. *Medicine & Science in Sports and Exercise*, 52(7S), 144.

Hergott C, Massey N, Beazley D, Bolgla L. *Use of STEADI and Physical Activity Vital Sign in Fall Risk Assessment*. APTA Combined Sections Meeting. Denver, CO. Poster Presentation February 14th, 2020.

Shubert, TE, Vincenzo, J.L., Schrodt, L., Sidelinker, **Hergott, C.**, Tripken, J., and Brach, J.S. *Clinical-Community Connections: Effective Strategies for Improved Patient Outcomes*. Presentation at the American Physical Therapy Association Combined Sections Meeting, Denver, CO, February 15th, 2020.

Vincenzo, J.L., Shubert, T. Brach, J.S., Tripken, J., Schrodt, L., Sidelinker, J.C., Hazan, P., **Hergott, C.**, Shirley, K., & Rhorer, B. (2020). *Fall Risk Screening and Referrals to Community-Based Programs among Physical Therapy Professionals*. Translational Science - Annual Meeting of the Association for Clinical and Translational Science. Virtual Poster Presentation. *Journal of Clinical and Translational Science. Abstract Supplement*, 4(1), 132.

Hergott C, Chatto C, Beazley D. *Developing a Spirit of Entrepreneurship, Service and Innovation in Physical Therapy Students*. Augusta University CIRCA Conference November 2017.

Invited Speaker

Bezner J, Hergenroeder A., **Hergott C**. *Take a Stand for Better Health! Strategies for Patients to Sit Less and Move More*. Florida Physical Therapy Association Spring Conference. Virtual presentation April 10, 2021.

Hergott C. *Mobility: Keeping Aging Fun. Age-Friendly Healthcare in the New Normal*. Montana Geriatric Workforce Enhancement Program of the Montana Geriatric Education Center. October 16, 2020.

Hergott C. *Clinical Community Connections During COVID-19: How Community Programs are Adapting to Keep Older Adults Active and Healthy at Home*. APTA Georgia IMPACT Conference Q & A session. October 9, 2020.

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Hergott C, Schrodt L, Sidelinker J, Shubert T. *Clinical-Community Connections During COVID-19: How are Community Programs Adapting to Keep Older Adults Active and Healthy at Home?* APTA-Geriatrics Webinar. June 16, 2020.

Peer-edited and Approved Scholarship

Hergott, C. G., & Rohrer, B. (2023, June 28). *The physical activity vital sign: What older adults should know*. <https://www.ncoa.org/article/the-physical-activity-vital-sign-what-older-adults-should-know>.

Stuhr R., **Hergott, C.** Osteoarthritis and Exercise Module. Exercise is Medicine® Online Course. American College of Sports Medicine. June 2022

Pariser G., **Hergott C.**, *Physical Therapy Guide to Obesity*. ChoosePT website revised on behalf of the APTA Geriatrics 2021. <https://www.choosept.com/symptomsconditionsdetail/physical-therapy-guide-to-obesity>.

Tripken J., **Hergott, C.** (2023, March 18). *Encouraging older adults to stay active and safe during the coronavirus pandemic*. National Council on Aging Healthy Living. <https://www.ncoa.org/blog/encouraging-older-adults-to-stay-active-and-safe-during-the-coronavirus-pandemic/>.

Schrodt L, Shubert TE, Sidelinker J, **Hergott C**, Shirley K, Roehrer B, Tripken J, Vincenzo J, Brach J., Hazan P. (2019). *Evidence-based Programs and Your Practice: A Foundation for Value-based Care Delivery Part 3: GeriNotes 26 (5)*. <https://aptageriatrics.org/wp-content/uploads/2022/01/GeriNotes-26-5-Article.pdf>

Schrodt L, Shubert TE, Sidelinker J, **Hergott C**, Shirley K, Roehrer B, Tripken J, Vincenzo J, Brach J, Hazan P. (2019) *Evidence-Based Programs and your Practice: A Foundation for Value-Based Care Part 2*. GeriNotes 26 (4) p. 5-8. <https://aptageriatrics.org/wp-content/uploads/2022/01/GeriNotes-26-4-Article.pdf>

Shubert TE, Tripken J, Vincenzo J; Schrodt L; Brach J, Hazan P; **Hergott C**; Sidelinker J. (2019). *What are Evidence-based programs and Why I Should Care?* GeriNotes 26 (3) pp6-8. <https://aptageriatrics.org/wp-content/uploads/2022/01/GeriNotes-26-3-Article.pdf>

Teaching Responsibilities in the Entry-Level Program

2023-2024

Course Director	Applied Physiology	5 credits
Course Director	Geriatrics	1 credit
Course Director	Medical Conditions I (HPW & Cardiopulmonary)	6 credits
Course Coordinator	Pediatrics	4 credits

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2022-2023

Course Director	Applied Physiology	5 credits
Course Director	Geriatrics	1 credit
Course Director	Medical Conditions I (<i>HPW & Cardiopulmonary</i>)	6 credits

2021-2022

Course Director	Applied Physiology	5 credits
Course Director	Geriatrics	1 credit
Course Director	Medical Conditions I (<i>HPW & Cardiopulmonary</i>)	6 credits

2020-2021

Course Director	Applied Physiology	5 credits
Course Director	Geriatrics	1 credit
Course Director	Medical Conditions I (<i>HPW & Cardiopulmonary</i>)	6 credits
Instructor	Medical Condition III	.5 credit
Lab Assistant	General Concepts II	.5 credit

2019-2020

Course Director	Applied Physiology	5 credits
Course Director	Geriatrics	1 credit
Course Director	Medical Conditions I (<i>HPW & Cardiopulmonary</i>)	6 credits
Instructor	Medical Condition III	.5 credit
Course Director	Integrated Patient Management	3 credits
Lab Assistant	General Concepts II	.5 credit

2018-2019

Course Director	Applied Physiology	3 credits
Course Director	Geriatrics	1 credit
Course Director	Medical Conditions I (<i>HPW & Cardiopulmonary</i>)	6 credits
Instructor	Medical Condition III	.5 credit
Course Director	Integrated Patient Management	3 credits
Instructor	Professional Practice Expectations 3	1 credit

2017-2018

Course Director	Applied Physiology	3 credits
Course Director	Medical Conditions I	6 credits
Instructor	Medical Condition III (Geriatrics)	1 credit

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Course Director	Integrated Patient Management	3 credits
Course Director	Professional Practice Expectation 3	2 credits
Course Director	Professional Practice Expectation 2	1 credit

2016-2017

Course Director	Applied Physiology	3 credits
Course Director	Medical Conditions I	6 credits
Instructor	Medical Condition III (Geriatrics)	1 credit
Course Director	Professional Practice Expectation 3	2 credits
Course Director	Professional Practice Expectation 2	1 credit
Course Director	Professional Practice Expectation 4	1 credit

2015-2016

Instructor	Applied Physiology	3 credits
Instructor	Medical Conditions I	6 credits
Instructor	Medical Condition III (Geriatrics)	1 credit
Instructor	General Concepts I	1 credit

Teaching Outside the DPT Program

Guest Speaker. CAHS Physician Assistant Program <i>Fall Risk Screening</i>	2020-2023
Guest Speaker. MCG Aging Fellowship <i>Functional Aging</i>	2022-2024
Adjunct Faculty. AU PT Orthopedic Residency Program	2021-current

Master's Thesis Mentor/Advisor

Kimberly Krutsinger: Medical Illustration
Neurophysiologic Properties of Contractile Tissue Augmented Reality

Professional Growth and Development:

APTA Combined Sections Meeting, Boston 2024
APTA Cardiovascular Pulmonary Conference, Atlanta 2023
Provost Learning Community: Coaching Techniques for Teaching and Learning 2023-2024
Gamification Level 1 Surveyor Certification 2023
Educational Leadership Conference, Milwaukee 2022
APTA Credentialed Clinical Instructor Program 2022
Fundamentals of Applied Prevention & Health Promotion 2022
Academy of Prevention & Health Promotion Therapies
APTA Combined Sections Meeting, San Antonio 2022
VITAL Interprofessional Teaching and Learning, University of Toronto 2022
APTA Educational Leadership Conference, Atlanta GA. 2021
Institute of Clinical Excellence: Modern Management of the Older Adult 2021
Delphi: Blood Flow Restriction Certification 2021

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Mental Health First Aid, Augusta University 2021
American College of Sports Medicine National Conference 2021
APTA Combined Sections Meeting 2021
APTA Educational Leadership Conference 2020
APTA Combined Sections Meeting 2020
American College of Sports Medicine National Conference 2020
AU Learning Community 2019
APTA Certified Exercise Expert for Aging Adults (CEEAA) 3 courses with certification 2019
APTA Combined Sections Meeting 2019
NPTE Writer Beginner Workshop 2018
APTA Combined Sections Meeting 2018
CAPTE self-study workshop 2018
ACSM National Meeting & World Congress on Exercise is Medicine 2018
Best Practice Cardiopulmonary Physical Therapy 2017
APTA Combined Sections Meeting 2017
APTA Combined Sections Meeting 2016
APTA New Faculty Development Workshop 2016