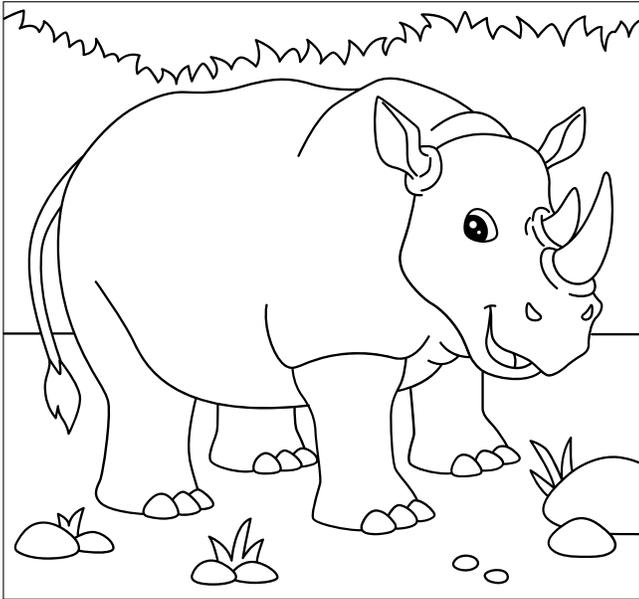
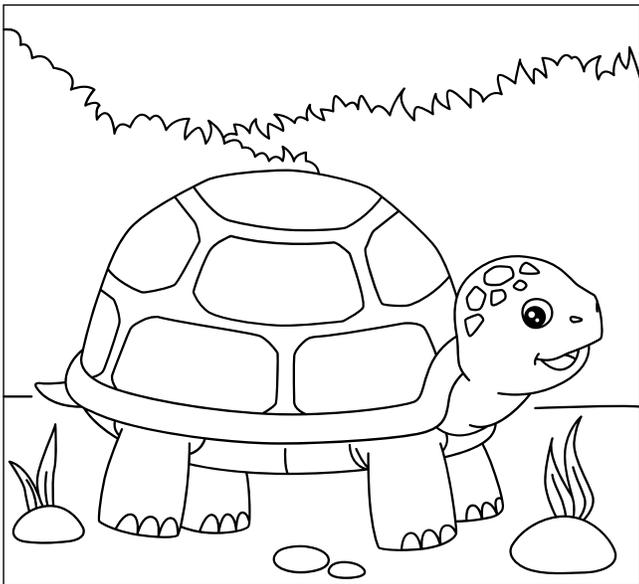


# Animals can teach us to protect our skin!



The rhinoceros rolls in mud to protect its skin from the hot sun.

What can we put on our skin to protect it?



The turtle carries its own shade wherever it goes!

What can we use to bring shade along with us?



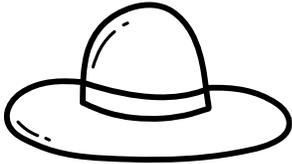
The dark circles around the meerkat's eyes protect them from the sun's harmful rays.

How can we protect our eyes?

# IMPACT MELANOMA

## SUN SAFETY

Explain why a broad-brimmed hat is better than a cap:



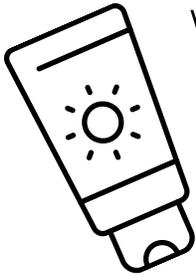
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Where and how often should you apply sunscreen?



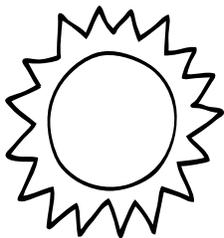
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What is the safest time of day to be outdoors?



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What are some consequences of not being sun safe?

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# IMPACT MELANOMA

## SUN PROTECTION

### WORD SEARCH

L	U	M	B	R	E	L	L	A	T	B
O	I	A	E	R	T	A	E	W	S	P
N	S	U	N	S	C	R	E	E	N	R
G	R	E	A	P	P	L	Y	V	P	O
S	R	T	A	R	M	I	W	S	W	T
L	E	A	H	A	W	A	T	E	R	E
E	S	H	A	D	E	A	P	T	C	C
E	A	S	N	N	M	L	O	O	P	T
V	O	H	U	S	A	N	D	A	E	A
E	N	E	S	R	C	O	V	E	R	E
S	U	N	G	L	A	S	S	E	S	H

SHADE

SAND

SUNSCREEN

SWEAT

SUN

COVER

SUNGLASSES

POOL

HAT

SWIM

LONGSLEEVES

HEAT

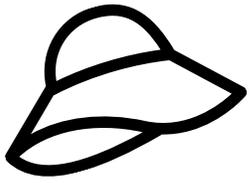
WATER

REAPPLY

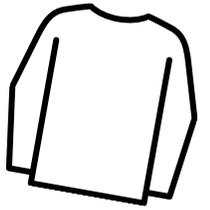
UMBRELLA

PROTECT

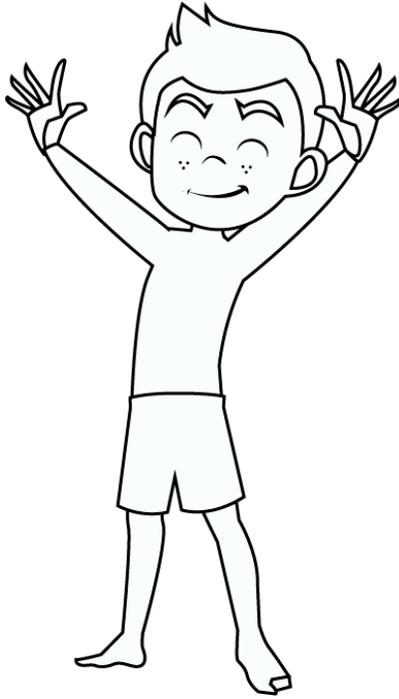
**Don't forget to reapply sunscreen after you swim!**



IMPACT MELANOMA  
**PRACTICE  
SAFE SKIN**



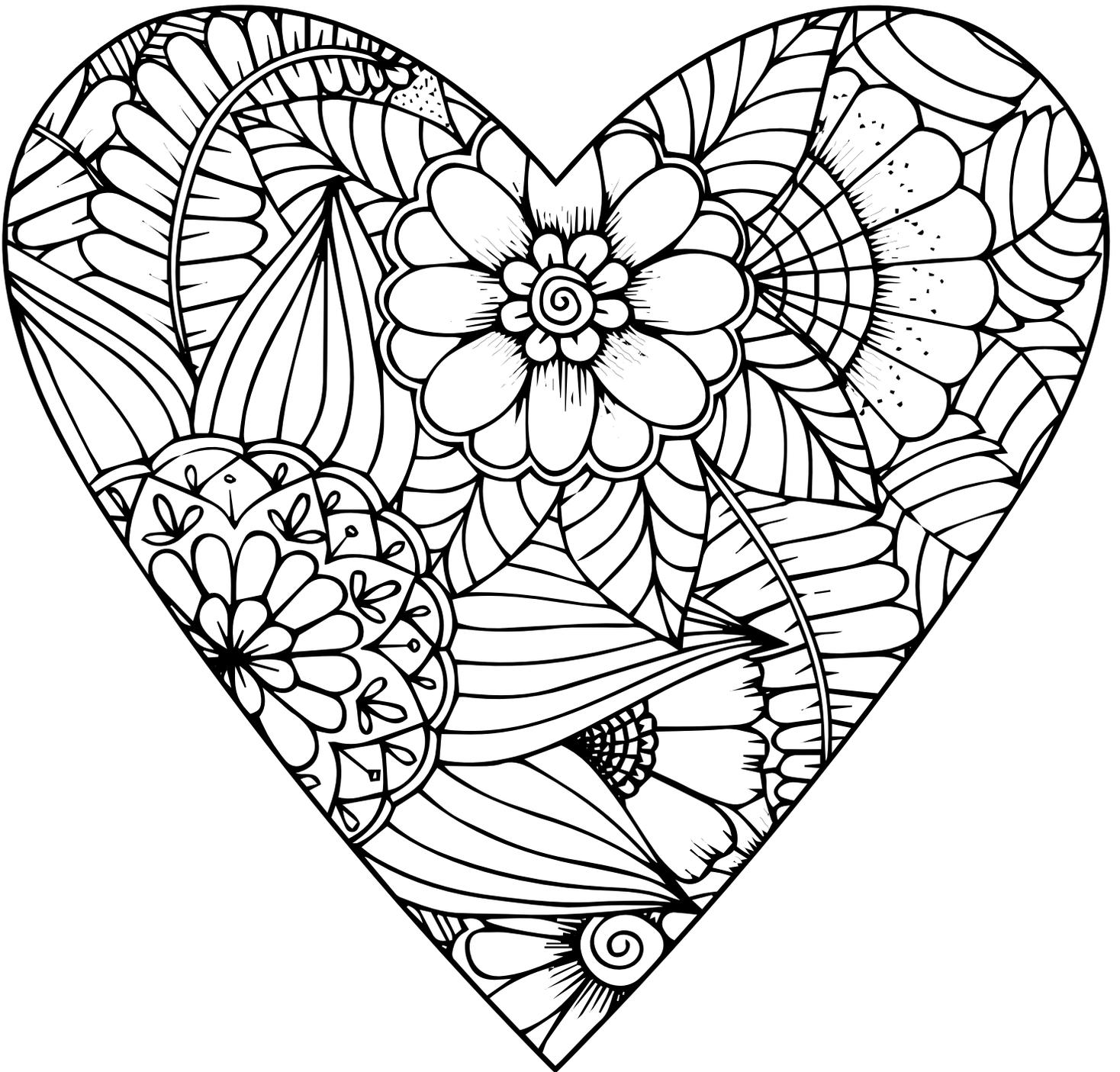
Draw and label what the children should wear to keep sun safe:

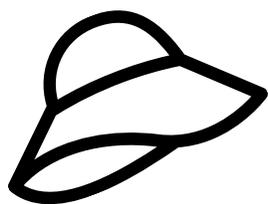


Draw and label examples of shelter that can protect you from the sun:

**IMPACT**  
MELANOMA

**Love the Skin You're In**

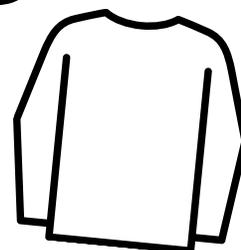




# LETTER TO MY *future self*



Dear Me,



I am protecting my skin now so that I have a better  
chance of avoiding skin cancer later on. I promise  
to wear sunscreen,

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Signed:

Date:



IMPACT MELANOMA

**Sun**safe365