

ABCDEs OF MELANOMA



Asymmetry



Border



Color



Diameter



Evolving



GEORGIA
CANCER CENTER
AUGUSTA UNIVERSITY

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IMPACT
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5 STEPS TO PROTECT YOUR SKIN

Wear sun protective clothing, a hat with a brim, and sunglasses.

Use plenty of sunscreen (at least SPF 30).
Reapply every 2 hours.

Avoid sunburns, tans, and tanning beds.

Get a yearly, full-skin exam if you are over 18.

See your doctor if a mole meets any of the ABCDE's.

6mm

Be SunSafe 365

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