

## Curriculum Vitae

Margaret Kitterman Blagg, PT, DPT  
Board-Certified Clinical Specialist in Neurologic Physical Therapy  
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987 St. Sebastian Way EC-1326  
Augusta, GA 30912  
(706) 721-3574  
Augusta University  
Department of Physical Therapy

### **Education:**

Doctor of Education in Adult Learning & Development  
Valdosta State University, Department of Leadership, Technology, & Workforce Development  
In progress – anticipated graduation date, Spring 2026

Doctor of Physical Therapy  
Medical College of Georgia, Department of Physical Therapy, Augusta, GA  
Graduated with Honors, 2008

Bachelor of Science in Education  
University of Georgia, Department of Exercise Science, Athens, GA  
Graduated, 2004

### **Licensure:**

|   |                |
|---|----------------|
| Georgia Board of Physical Therapy (License PT009315)        | 2008 – present |
| South Carolina Board of Physical Therapy (License PT007149) | 2013—2014      |

### **Certifications:**

|  |           |
|--|-----------|
| ABPTS Board Certification Neurologic Clinical Specialist     | 2023-2033 |
| ABPTS Board Certification Women’s Health Clinical Specialist | 2017-2027 |
| Nonviolent Crisis Prevention Intervention                    | 2010      |
| APTA Certified Clinical Instructor Level 1                   | 2009      |
| Certified Brain Injury Specialist                            | 2009-2012 |

### **Professional Academic Appointments:**

Assistant Professor  
Department of Physical Therapy  
Augusta University Doctor of Physical Therapy Program  
Augusta, GA  
July 2016- present

Adjunct Professor  
Department of Physical Therapy  
Augusta University Doctor of Physical Therapy Program  
Augusta, GA  
November 2015-June 2016

### **Physical Therapy Employment:**

Women's Health Physical Therapist  
Doctors Hospital Outpatient Rehabilitation  
2014-2016

Staff Physical Therapist (PRN),  
Doctors Hospital, Augusta, GA  
2014-2015

Clinical Manager & Physical Therapist  
Hitchcock Healthcare, Augusta, GA  
2013-2014

Clinical Manager & Physical Therapist,  
HealthSouth Healthcare Walton Rehabilitation  
Outpatient Rehabilitation, Augusta, GA  
2013

Staff Physical Therapist  
Walton Rehabilitation Health System  
Inpatient Rehabilitation and Outpatient Rehabilitation  
2008-2013

### **Grant Activity**

CAHS Research Mentoring Initiative Grant. 2020 Award Recipient.

### **Scientific Peer-Reviewed Publications:**

**Blagg, M.,** & Bolgla, L. (2023). The relative activation of pelvic floor muscles during selected yoga poses. *Complementary Therapies in Clinical Practice*, 52.  
<https://doi.org/https://doi.org/10.1016/j.ctcp.2023.101768>

Young L, Kupzyk K, Parker B, McCall A, Hergott C, **Blagg M.** (2016). Develop and test a palliative care screening tool for rural patients with serious chronic illnesses: a study protocol. *International Journal of Clinical Trials*, 3(4): 210-216.

### **Presentations at National, Regional, State and Local Meetings**

**Blagg M,** Bolgla L, Aronica K, Crupie C, Green J, Litavec J, McTeer O, Price T. (2022). The Relative Activation of Pelvic Floor Muscles during Selected Yoga Poses. American Physical Therapy Association Conference. San Antonio, Texas. *Journal of Women's Health Physical Therapy*: January/March 2022 - Volume 46 - Issue 1 - p E39-E58

Holbrook C, Hogan V, **Blagg M,** Nag Ayyala D, Coughlin S. (2020). Rehabilitation Utilization and Upper Extremity Disability in Breast Cancer Survivors. Physical Therapy Association of Georgia. Atlanta, Georgia.

**Blagg, M.** The Importance of Board Specialization to Your Career & Our Profession: Broadening Our Scope & Practice. (2017). Physical Therapy Association of Georgia, Middle Georgia Local Area Network Webinar.

**Blagg, M.** Pelvic Floor Dysfunction: Therapeutic Implications. (2017). HMI Symposium. Augusta, GA.

Chong RK, Gesotti P, Fogle K, Gillespie R, **Kitterman M,** Loyd N, Shonson C, Smith L, & Whitlow C. (2007). Effect of cutaneous stimulation cues on gait in Parkinson's disease. Society for Neuroscience Annual Conference. San Diego, California, USA. 80.9

Chong RK, Gesotti P, Fogle K, Gillespie R, **Kitterman M,** Loyd N, Shonson C, Smith L, Whitlow C, & Morgan J. (2007). Cutaneous electrical stimulation as an adjunct to pharmacological and surgical treatments of Parkinson's disease. 1st Asian and Oceania Parkinson's Disease and Movement Disorders Congress, Singapore. M32

Chong RK, Gesotti P, Fogle K, Gillespie R, **Kitterman M,** Loyd N, Shonson C, Smith L, & Whitlow C. (2006). Effect of electrical stimulation cues on gait and postural control in Parkinson's disease. Society for Neuroscience Annual Conference. Atlanta, Georgia, USA. 676.14. 1

of 700 submissions (out of a total of > 14,000 submissions) selected by the Society for Neuroscience's Public Education and Communication Committee for a Neuroscience 2006 Press Book submission

**Non-Peer Reviewed Scholarship:**

**Blagg M.** (2009). Proper Equipment and Monitoring Can Minimize Pressure Sores. *Rehab Management*, 22(9).

**Community Presentations:**

How to Get Your Body Back After Baby: What to do When Exercise Doesn't Work (2016). Babies-R-Us, Evans, GA.  
Post-Partum Education. (2015). Doctors Hospital Nursing Staff Yearly Competence.  
Love Your Pelvis. (2015). Augusta Junior League. Augusta, GA.  
Pelvic Floor for Stability and Function. (2015). Doctors Hospital H2U. Augusta, GA.  
Pelvic Floor Rehabilitation. (2015). Doctors Hospital Cancer Conference. Augusta, GA.  
Women's Health Physical Therapy. (2015). Wilson Family YMCA. Augusta, GA.  
Pelvic Floor Physical Therapy. (2014). Doctors Hospital Girl Talk Support Group. Augusta, GA.  
Exercise, Physical Activity, and Parkinson's Disease. (2013, 2014). Aiken Parkinson's Support Group. Aiken, SC.  
Exercise and Muscular Dystrophy. (2014). CSRA Muscular Dystrophy Support Group. Augusta, GA.  
Clinical Use of Neuroelectric Prosthetics. (2012). Neurorehabilitation Conference. Kroc Center, Augusta, GA.

**Current Professional Organization Membership:**

American Physical Therapy Association  
Physical Therapy Association of Georgia  
APTA Academy of Education  
APTA Academy of Neurologic Physical Therapy  
APTA Academy of Pelvic Health Physical Therapy

**Service:**

*Department of Physical Therapy*

|        |                            |              |
|--------|----------------------------|--------------|
| Chair  | Academic Success Committee | 2023-present |
| Member | Faculty Search Committee   | 2022-present |
| Member | Curriculum Committee       | 2021-present |
| Member | Admissions Committee       | 2022-2023    |

|         |  |           |
|---------|--|-----------|
| Founder | Diversity, Equity, and Inclusion Group | 2021-2022 |
| Chair   | Admissions Committee                   | 2020-2022 |
| Member  | Admissions Committee                   | 2019-2020 |
| Member  | Staff Representative Search Committee  | 2021-2022 |
| Chair   | Faculty Search Committee               | 2021      |
| Member  | Academic Success Committee             | 2019-2021 |
| Member  | Faculty Search Committee               | 2016-2017 |
| Member  | Curriculum Committee                   | 2016-2018 |

#### *College of Allied Health Sciences*

|        |  |              |
|--------|--|--------------|
| Member | CAHS Alumni Society Board                        | 2023-present |
| Member | CAHS Diversity, Equity, and Inclusion Task Force | 2021-2022    |

#### *Augusta University*

|  |  |              |
|--|--|--------------|
| Senate Faculty Rights & Responsibilities Committee |  | 2021-present |
| Senate Curriculum & Academic Policies Committee    |  | 2019-2020    |
| Senate Athletics Committee                         |  | 2018-2019    |

#### *Professional*

|                  |  |      |
|------------------|--|------|
| Journal Reviewer | Physiotherapy Theory and Practice                          | 2017 |
| Text Reviewer    | <i>The Art of Control: A Woman's Guide to Bladder Care</i> | 2015 |

### **Academic Teaching Responsibilities:**

#### **Spring Semester, 2024**

|                 |   |           |
|-----------------|---|-----------|
| Course Director | Integration for Practice: Neuromuscular   | 8 credits |
| Guest Lecturer  | Medical Conditions 1: <i>Gender Health Issues</i>   |           |
| Guest Lecturer  | Dental College of Georgia: <i>Transferring A Patient with Impaired Mobility</i>                       |           |
| Guest Lecturer  | Orthopaedic Residency: <i>Identifying Pelvic Dominant Dysfunction in Common Orthopedic Complaints</i> |           |

#### **Fall Semester, 2023**

|                 |   |           |
|-----------------|---|-----------|
| Course Director | Applied Neuroscience  | 4 credits |
| Course Faculty  | General Concepts of Patient Management 2                                | 4 credits |
| Guest Lecturer  | Professional Practice Expectations 2: <i>Sexuality &amp; Disability</i> |           |

#### **Summer Semester, 2023**

|                 |   |           |
|-----------------|---|-----------|
| Course Director | General Concepts of Patient Management 1                | 3 credits |
| Guest Faculty   | Integrated Patient Management: <i>Pelvic Health CPG</i> |           |

### **Spring Semester, 2023**

|                 |   |           |
|-----------------|---|-----------|
| Course Director | Integration for Practice: Neuromuscular   | 8 credits |
| Guest Lecturer  | Medical Conditions 1: <i>Gender Health Issues</i>                               |           |
| Guest Lecturer  | Dental College of Georgia: <i>Transferring A Patient with Impaired Mobility</i> |           |

### **Fall Semester, 2022**

|                 |   |           |
|-----------------|---|-----------|
| Course Director | Applied Neuroscience  | 4 credits |
| Course Faculty  | General Concepts of Patient Management 2                                | 4 credits |
| Guest Lecturer  | Professional Practice Expectations 2: <i>Sexuality &amp; Disability</i> |           |
| Guest Lecturer  | Medical Conditions 3: <i>Traumatic Brain Injury</i>                     |           |

### **Summer Semester, 2022**

|                 |   |           |
|-----------------|---|-----------|
| Course Director | General Concepts of Patient Management 1                | 3 credits |
| Guest Faculty   | Integrated Patient Management: <i>Pelvic Health CPG</i> |           |

### **Spring Semester, 2022**

|                      |   |           |
|----------------------|---|-----------|
| Course Director      | Integration for Practice: Neuromuscular   | 8 credits |
| Guest Lecturer       | Medical Conditions 1: <i>Gender Health Issues</i>                                 |           |
| Guest Lecturer       | Dental College of Georgia: <i>Transferring A Patient with Impaired Mobility</i>   |           |
| Research Supervision | <i>The relative activation of pelvic floor muscles during selected yoga poses</i> |           |

### **Fall Semester, 2021**

|                      |   |           |
|----------------------|---|-----------|
| Course Director      | Medical Conditions 3  | 5 credits |
| Course Faculty       | Medical Conditions 2  | 4 credits |
| Course Faculty       | Applied Neuroscience  | 4 credits |
| Guest Lecturer       | Professional Practice Expectations 2: <i>Sexuality &amp; Disability</i>                               |           |
| Guest Lecturer       | Orthopaedic Residency: <i>Identifying Pelvic Dominant Dysfunction in Common Orthopedic Complaints</i> |           |
| Research Supervision | <i>The relative activation of pelvic floor muscles during selected yoga poses</i>                     |           |

### **Summer Semester, 2021**

|                      |   |           |
|----------------------|---|-----------|
| Course Director      | General Concepts of Patient Management 1  | 3 credits |
| Guest Faculty        | Integrated Patient Management: <i>Pelvic Health CPG</i>                           |           |
| Research Supervision | <i>The relative activation of pelvic floor muscles during selected yoga poses</i> |           |

### **Spring Semester, 2021**

|                      |   |           |
|----------------------|---|-----------|
| Course Faculty       | Integration for Practice: Neuromuscular   | 8 credits |
| Guest Lecturer       | Medical Conditions 1: <i>Gender Health Issues</i>                                 |           |
| Research Supervision | <i>The relative activation of pelvic floor muscles during selected yoga poses</i> |           |

**Fall Semester, 2019**

|                 |   |           |
|-----------------|---|-----------|
| Course Director | Medical Conditions 3  | 5 credits |
| Course Faculty  | Medical Conditions 2  | 4 credits |
| Guest Lecturer  | Professional Practice Expectations 2: <i>Sexuality &amp; Disability</i> |           |

**Summer Semester, 2019**

|                      |  |           |
|----------------------|--|-----------|
| Course Director      | General Concepts of Patient Management 1 | 3 credits |
| Research Supervision | <i>Female Infertility</i>                |           |

**Spring Semester, 2019**

|                      |   |           |
|----------------------|---|-----------|
| Course Faculty       | Integration for Practice: Neuromuscular           | 8 credits |
| Guest Lecturer       | Medical Conditions 1: <i>Gender Health Issues</i> |           |
| Research Supervision | <i>Female Infertility</i>                         |           |
| Research Supervision | <i>Pelvic Floor Dysfunction in Athletes</i>       |           |

**Fall Semester, 2018**

|                      |   |           |
|----------------------|---|-----------|
| Course Director      | Medical Conditions 3  | 5 credits |
| Course Faculty       | Medical Conditions 2  | 4 credits |
| Guest Lecturer       | Professional Practice Expectations 2: <i>Sexuality &amp; Disability</i> |           |
| Research Supervision | <i>Female Infertility</i>   |           |
| Research Supervision | <i>Pelvic Floor Dysfunction in Athletes</i>                             |           |

**Summer Semester, 2018**

|                      |   |           |
|----------------------|---|-----------|
| Course Director      | General Concepts of Patient Management 1    | 3 credits |
| Research Supervision | <i>Female Infertility</i>                   |           |
| Research Supervision | <i>Pelvic Floor Dysfunction in Athletes</i> |           |

**Spring Semester, 2018**

|                      |   |           |
|----------------------|---|-----------|
| Course Faculty       | Integration for Practice: Neuromuscular           | 8 credits |
| Guest Lecturer       | Medical Conditions 1: <i>Gender Health Issues</i> |           |
| Research Supervision | <i>Female Infertility</i>                         |           |
| Research Supervision | <i>Pelvic Floor Dysfunction in Athletes</i>       |           |

**Fall Semester, 2017**

|                      |   |           |
|----------------------|---|-----------|
| Course Director      | Medical Conditions 2                        | 4 credits |
| Course Director      | Medical Conditions 3                        | 6 credits |
| Research Supervision | <i>Pelvic Floor Dysfunction in Athletes</i> |           |

**Summer Semester, 2017**

|                      |   |           |
|----------------------|---|-----------|
| Course Director      | General Concepts of Patient Management 1    | 3 credits |
| Research Supervision | <i>Pelvic Floor Dysfunction in Athletes</i> |           |

**Spring Semester, 2017**

Course Faculty            Integration for Practice: Neuromuscular            8 credits  
Research Supervision *Pelvic Floor Dysfunction in Athletes*

**Fall Semester, 2016**

Course Director            Medical Conditions 3            5 credits  
Course Faculty            Medical Conditions 2            4 credits  
Research Supervision *Pelvic Floor Dysfunction in Athletes*

**Summer Semester, 2016**

Course Faculty            General Concepts of Patient Management 1            3 credits

**Spring Semester, 2016**

Adjunct Faculty            Integration for Practice: Neuromuscular

**Fall Semester, 2015**

Adjunct Faculty            Medical Conditions 3